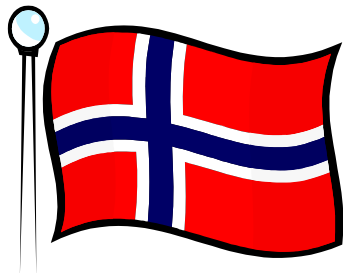


# Sundfj rd Sun

*Sundfjord Lodge # 65*

*January 2007*

*First Place winner at the 2005 – 2006 District Convention*



## **Meeting Location:**

**Rock of the Foothills Church**

**4630 Wheeler Ave**

**La Verne, CA 91750**

**Second Saturday at 12:00 Noon**

# HAPPY NEW YEAR

## **President's Message**

The December "Julebord" was an amazing Success, whether measured by the number of attendees (26 members and 16 guests) or by calories consumed (numbers too high to count!). It was simply amazing.

I'll have to remember to bring even more "lutefisk" next year so that if we should run out of anything, there will always be "that piece of fish that surpasses understanding..." We did run low on entrees, and a few people didn't get all they might have wanted. With a little planning, that won't happen again.

We also completed our elections of officers for 2008-2009 terms! Hurrah! We have every right to be very proud (as proud as a Norwegian will allow themselves to be, that is. It's a sin, you know!) of the high level of participation Sundfjord enjoys from its members. Thank you all very much for an excellent meeting!

Nic Sanburg.

## **Vice President's Message**

Happy New Year! Wow, did we not have a terrific December meeting? For a small lodge of 50+ members we are getting 90 % participation from our members.

Thanks to Kathy Cox for making her delicious lefse and also to all the ones who made the delicious salmon, ham, meat cakes and the "lutefisk" you could smell 6 blocks away. I did try one small bite but could not swallow it. I guess, as my mother used to say that you had to acquire a taste for it. I have been trying to acquire the taste for 67 years but so far had NO success! We are looking forward to another successful year here at Sundfjord. Let's all work to make our Lodge a big success.

Looking forward to our Sons of Norway Mexico cruise in 2 weeks and lots of activities throughout the year.

Pauline Pederson

## **Calendar**

(Coming Events)

### **January:**

21/25 – Sundfjord Cruise

### **February:**

9 - Sundfjord Meeting

### **March:**

8 - Sundfjord Meeting

### **April:**

12 - Sundfjord Meeting

19/20 - Scandinavian Festival at CLU

### **May:**

3 - Annual Yard Sale

10 - Sundfjord Meeting

28/30 – Memorial Day at Camp Morge

### **June:**

14 - Sundfjord Meeting

23/28 – District Six Convention in San Ramon, CA

## 2008/2009 Sundfjord's Officers

**President:** Nic Sanburg  
(626) 205-2220  
[ndksanburg@altrionet.com](mailto:ndksanburg@altrionet.com)

**Vice President:** Pauline Pederson  
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**Secretary:** Lise Fleming  
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**Youth Director:** Kirsten Kjelby  
(909) 593-9632  
[kkjelby@yahoo.com](mailto:kkjelby@yahoo.com)

**Sunshine:** Lola Peterson  
(909) 629-3112

**Greeter:** Agnes Deeb  
(951) 244-1076

**TubFrim:** Char Nelson  
(909) 593-4447

**Auditors:** Jim Stewart & Erik Fleming

**Zone Director:** Robert Hanevik  
(760) 948-1503

**Insurance Rep:** Dennis Burreson  
1(800) 448-2499

## Gratulerer med dagen

(Happy Birthday)



### January

5.....Kari Sanburg  
30.....Pauline Pederson

### February

3.....Esther Schan  
6.....Erik Fleming  
7.....Martin Feste  
12.....Gerd Olsen  
14.....Marie Helliesen  
16.....Harold Shellum  
28.....Agnes Deeb

## God Bedring

(Get Well)

We wish Kathy Cox a speedy recovery.  
(Please let us know if any of our members are  
under the weather)



## New Members

We welcome two new members to Sundfjord Lodge, Sandra Fleming and Andrew Aslesen. Please add the following information to your Lodge Directory:

<b>Sandra Fleming</b>	<b>Andrew Aslesen, # 7</b>
<b>9021 Mustang Road</b>	<b>4114 E. Fairmount Ave</b>
<b>Alta Loma, CA 91737</b>	<b>Tucson, AZ 85712</b>
<b>(909) 483-2183</b>	<b>E-mail: <a href="mailto:AZBeach101@aol.com">AZBeach101@aol.com</a></b>

In 2007, Sundfjord Lodge gained a total of 14 new members so keep up the good work!

## Norwegian Sweater Month

Here at Sundfjord Lodge, February is designated as the Norwegian Sweater Month so we want all our members who own a Norwegian sweater to wear it with pride at our February meeting.

~

Norway and knitting go hand in hand and has long been a tradition of the country. Norway's special knitting techniques are found in today's wool Norwegian sweaters. Since the 9th century, the wool from Norwegian sheep has been used for Norwegian sweaters, in order to make warm sweaters for long and cold winters. The Norwegian wool works great for high-quality Norwegian sweaters. The wool's fibers are long and curly. When the fibers are made into yarn it makes strength, lightness and warmth. Today, Norwegian wool is not only popular for its practical advantages, but also for the fine patterns and exclusive garments that can be created from it.

Continue next page

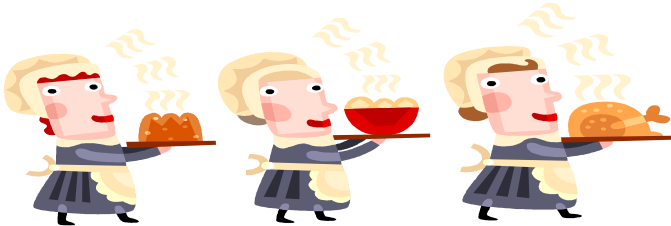


When you slip into a hand knitted woolen Norwegian sweater, you can feel the refined softness of the wool. Not surprisingly, it didn't take too long before people all over the world found the benefits of traditional Norwegian sweaters. Norwegian sweater designs are inspired

by the magnificent nature that surrounds Norway and by Norwegian's love for the mountains and the great outdoors. Norwegians have long traditions in wearing knitwear for both sport and leisure, and a woolen Norwegian sweater is for many the obvious choice while enjoying nature and mountain life.

### POTLUCK DO'S AND DON'TS

The first known mention of "potluck" dining is in the writings of Thomas Nash in 1592. It referred to the food that might be offered to an unexpected guest, from the common pot that kept and held the edible leftovers from a more regular meal. In the U.S. we have come to associate it with the similarly name "potlatch" custom of the natives in shared food amongst the family and tribe. The potluck custom here at Sundfjord is the finest example of such sharing with our lodge family and guests. I'd like to thank you all for making our luncheon meetings so very enjoyable. For our new and prospective members, if you're unfamiliar with potluck dining there are very few rules.



**FIRST**, bring whatever you enjoy, and enough for 6 or more servings. It doesn't matter what it is, anything from appetizer to dessert will do. Our guests are guests, and aren't expected to bring anything but their appetites. So if you know we're having company, maybe bring a little extra.

**SECOND**, try something new! We always have so many things available; it's a great time to experiment both with what you bring, and what you try.

**THIRD**, while I'm in charge, kids eat first. Guests eat second. Members come next, and I'm at the end of the line. Take what you want, and enjoy it, but please don't forget, I'm way at the back of the line, and the line for seconds and third helpings forms up **BEHIND ME!**

**FINALLY**, when the meal is over we still have a

meeting to hold. A fast cleanup is appreciated. While you may offer any remaining extra of what you brought to others or take it home as you please, please ask before taking home extra portions from someone else's serving platter.

The sooner we get back to our seats, the sooner we can get business over, and enjoy the cultural presentation. You are all so very helpful, it makes my job a joy!

Mange Takk!

Nic Sanburg

### A Helping Hand

On December 14<sup>th</sup> the following volunteers from Sundfjord Lodge; Lola Peterson, Ruth Higley, Pauline Pederson and Lise Fleming helped the Salvation Army in Pomona with their food distribution program to feed 700 needy families for Christmas.

We received a very nice Thank You note from the Social Service Director Liza Deras at the Salvation Army Pomona Corp.



Left to right; Ruth Higley, Lola Peterson, Pauline Pederson, and Lise Fleming



Left to right; Ruth Higley, Lola Peterson, Salvation Army Social Service Director Liza Deras and Pauline Pederson

# Julenissen kom på besøk

(Visit from Santa Claus)



Mark Fleming



Annika Givens



Sandra and Erik Fleming



Hailey Higley



Luke Fleming

## Barnas's Hjørne

(Kid's Corner)



One day sitting in history class, wishing I was somewhere else, I overheard one of my classmates talk about a recent trip to Norway. Come to find



out, he is 50% Norwegian! So after class, I held a little interview on our way to our next class. Nathan, a 12 year old, is in seventh grade at El Roble Intermediate School. He has been to Norway many times. His family travels there roughly once a year. He was born in the United States, but mother was born in Norway. He still has family, mostly cousins, who live scattered throughout Norway. He said that Norway is very beautiful and very clean. It's the beauty that he likes best about Norway. He especially loves the mountains, and that there is virtually no smog. Though he doesn't speak Norwegian at home, he does know some of the language. He also stated that Norway has the best licorice in the world! We also talked about the Sundfjord Lodge, and he thought it was awesome that so many Norwegians live in Southern California. He said he is going to tell his parents about it, and try to come to a meeting. With talking to Nathan, it makes me want to visit Norway more than ever!

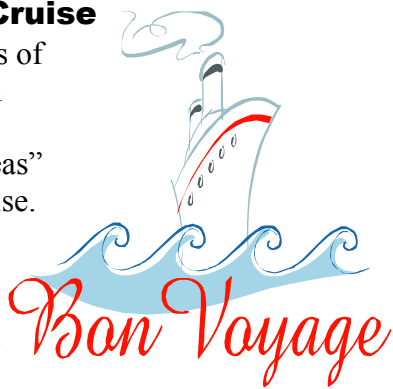
By Irene Davis  
13 years old

## Sundfjord's Cruise

On January 21, 30 Sons of Norway members from 5 lodges' sets sail on the "Monarch of the Seas" on a 4-day Mexico cruise.

You should all have received your travel documents by now. If you have a computer or have access to a

computer it is highly recommended that you do your check-in online. Print out the document and bring it with you and you are all set.



## DON'T FORGET YOUR PASSPORT

## Annual Yard Sale

Our annually Yard Sale that is held the first Saturday in May will be here before we know it so get busy with cleaning out your garage and closets. All items must be in a clean and usable

condition. We do not accept clothing.

Items can be brought to our meetings or if you need us to pick it up, contact Lise Fleming.



## Northern Lights, Camera, Action.....

### Scandinavian Film Festival

Unfortunately, Editor received the information too late to include it in the December issue.

The Film Festival began January 5 and 6 and continues on January 12 and 13 at the Writers Guild Theater, 135 South Doheny, Beverly Hills. Tickets are \$ 10.00 each. For more information visit: [www.asfla.org](http://www.asfla.org) or call (323) 661-4273.

#### Schedule of films:

#### Saturday, January 12

11:30 am – Icelandic feature film "Parents"

1:30 pm - Denmark feature film "Life Hits"

4:00 pm - Norway feature film "Mirush"

7:00 pm - Denmark feature film "With your Permission"

#### Sunday, January 13

1:00 pm - Denmark short film "Sophie"

1:30 pm - Denmark short film "Blood Sisters"

2:15 pm - Norwegian film "Winterland"

4:00 pm - Finland feature film "The Year of the Wolf"

6:30 pm - Sweden short film (to be announced)

7:00 pm - Sweden feature film "You the Living"

Closing Party.



## Letter from the Foundation

We want to take this opportunity to personally thank you for your generous donations to the Sons of Norway Foundation.

Because of your gifts we have accomplished so much in 2007. Over \$ 109,000 was awarded in scholarships and grants, an all time high. Your contributions go to real people. All twenty-six 2007 scholarship recipients have told us the impact their scholarship has made in their lives. Every lodge receiving a 2007 grant has reported the positive result they have achieved because of Foundation funding. Tusen takk!

Cindy Olsen  
Director

Sons of Norway Foundation

## Letter from Camp Norge

Dear Members of Sundfjord Lodge,

Thank you so much for your donation to the building fund at Camp Norge.

We are pleased to tell you that progress is being made daily. The building, to be known as Heritage Hall, is completely enclosed. Work is now being done on the plumbing and electrical and the next step will be the installation of the siding.

Camp Norge is truly a jewel of District Six. We hope you will continue to support it as well as spending time enjoying it.

Fraternally

Penny Joseph Knudsen, Secretary

## Our Christmas Party



We had record attendance at the Christmas party with members and guests. The potluck Christmas food was wonderful; we had an array of Norwegian dishes including lefse, lutefisk and lots of bake goods. Thanks to all of you for making our Christmas such a special event.

Santa Claus (Erik Fleming) came on a visit and handed out gifts to the children. Thank you to Erik for being such a great Santa. Everyone enjoyed going around the Christmas tree and singing Norwegian carols, it was so much fun for all.

## Helping You Find the Path to a Secure Financial Future

1. Where will your retirement income come from?
2. How to reach your retirement dreams.
3. Trusts – the basics
4. Why should you consider Sons of Norway when choosing Life Insurance and Annuity products?

The Sons of Norway is a strong and reliable company and has been in business since 1895.

Their knowledgeable Financial Benefit counselors will help you put together a roadmap of financial goals and progress made.

Contact our Financial Benefit Counselor **Dennis Burreson** for a complementary financial review at **(800) 448-2499**

**Sundfjord Web Site**  
[www.sundfjord.org](http://www.sundfjord.org)

## Scandinavian Festival

Family Fun!

April 19 – 20, 2008 from 10 am to 5:00 pm

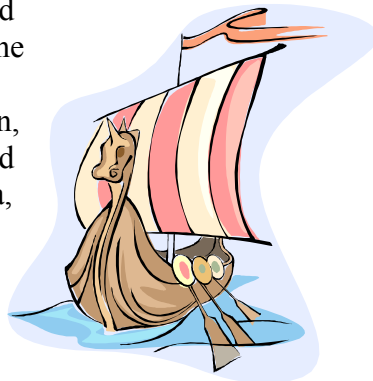
**California Lutheran University in Thousand Oaks!**

Lots of fun, Scandinavian food and activities for all ages on the beautiful campus.

Culture from Norway, Sweden, Denmark, Finland, Iceland and the Baltic countries of Estonia, Latvia and Lithuania. Enjoy the folk dance and music, hear the national anthems and learn from the drama, demonstrations, lectures and exhibits. Take part in the crafts and games, savor the delicious food, win prizes, check out the Vikings and Samis and reflect during the Sunday Worship.

To learn more, log onto

[www.callutheran.edu/scancenter](http://www.callutheran.edu/scancenter)



## Lodge of the Year Form

Your secretary wants to inform you what “Lodge of the Year Rating Form” is all about so it is not a mystery to you.

She keeps track of all our Lodge activities throughout the year. This is the reason for the sign-in sheets at our meetings. Each year she receives a form from Headquarters in Minneapolis and this form needs to be filled out and sent to our Zone Director. The purpose for this is to honor outstanding lodges and celebrate their excellence. This program also aims to help lodges by identify strengths and revealing areas which could use improvements.

Lodges can earn up to 68 points for 2007. These points are gathered from 3 different sources.

1. The Lodge of the Year rating form that the secretary fills out can earn up to 37 points.
2. Zone Directors can add up to 8 points based on District event participation.
3. District President can add up to 23 points based on membership growth, insurance participation and the timely filing of Lodge Liability payments, Financial Statements and D63 Lodge Officer Update forms. The President can also award up to 10 extra credit points to each lodge.

The Merit Awards come in three levels: **Gold, Silver and Bronze**. The points levels needed to achieve each of these awards are as follows:

**Gold Merit Award: 54 points**

**Silver Merit Award: 44 points**

**Bronze Merit Award: 34 points**

Each District will award two Lodge of the Year Awards; one for the best large lodge and one for the best small lodge. These two top lodges are then evaluated by the International Board of Directors which selects the two International Lodge of the Year winners (one large and one small). These winning lodges will be honored at the 2008 District and International Conventions.

At the last two Conventions, Sundfjord Lodge was honored with Silver Merit Awards.

**\* If you have attended any Sons of Norway events that your Secretary does not know about please give her the information. Every point counts!**

**6<sup>th</sup> District Web Site**  
[www.sofn6.com](http://www.sofn6.com)

*Ønsker dere alle et riktig  
Godt Nytt År!*

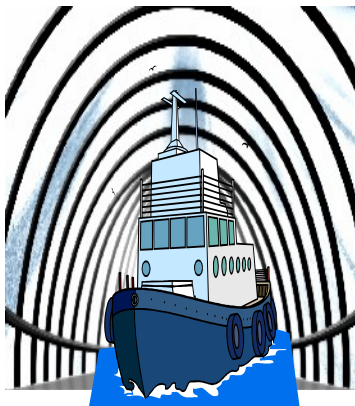
# Nyheter fra Norge

(News from Norway)



The co-winner of this year's Nobel Peace Prize Al Gore poses with his wife Tipper (left) and Norway's King Harald and Queen Sonja.

## World's First Tunnel for Ships



The Norwegian coastal authorities have presented a report that recommends building a tunnel through *Stadland*. If it gets built, it will be the world's first tunnel for ships. The tunnel will be large enough to handle most of the ship traffic along the coast including *Hurtigruten* and

most of the tourist ships.

This way the coastal voyage will escape the often rough and dangerous crossing across the *Stadhavet*.

The tunnel will have a depth of 12 meters and total height above the water line of 37 meters. The width will be 36 meters. It is estimated that the cost will be about 1.73 billion *kroner* (6 *kroner* = one dollar). If this tunnel is approved, work will start in 2014 and will take about 5 years to complete.

The tunnel will be equipped with automatic control of the ship traffic so no ships will meet in the tunnel.

VG

## Tutta Ranked No 2



On New Year's Day, 26-year-old Norwegian Suzann "Tutta" Pettersen was ranked the World's second best Woman golfer. Last year (2007) she won five LPGA tours and is currently also ranked No. 1 in Europe.

Aftenposten

## Design

Wrap around galoshes have long been considered old fashioned and totally out of style. Not any more!

After ruining several pairs of shoes because of harsh and rainy New York weather, 28-year-old John Ringdal designed some stylish galoshes to cover his shoes. Two years later, galoshes from the Norwegian firm Swims are on sale in 14 countries, including three stores in the U.S; Bloomingdales at 59th Street in New York, San Francisco and South Coast Plaza outside L.A.

"The U.S. consumer is sophisticated and demanding and enjoys the fact that the product is practical and stylish at the same time," said CEO Alexander Eskeland.

News of Norway

## More Crashes at Full Moon

Statistics show that a full moon can "bring out the beast" at least in Norway where the most collisions between cars and moose occur when the moon is full and the weather is cold. There are 3 times as many collisions during January than in the summer months because the moose is more active during full moon.

