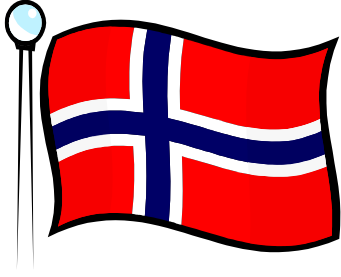


Sundfjord Sun

Sundfjord Lodge # 65

June and July 2008

First Place winner at the 2005 – 2006 District Convention



Meeting Location:

**Rock of the Foothills Church
4630 Wheeler Ave
La Verne, CA 91750**

Second Saturday at 12:00 Noon

Coming Events

(Kalender)

June:

25/28 –District Six
Convention at
San Ramon, CA
28 -Midsummer's Eve
at Nansen Field

July:

4 -Booth at Memorial
Park in Claremont
13/26-Language/Heritage
Camp at Camp
Norge

August:

27/30 -International
Convention in San
Diego
30/1 -Northern California
Kretsstevne at
Camp Norge

September:

13 -Sundfjord's Meeting
26/28-Southern California
Kretsstevne at
Idyllwild, CA

October:

3/5 -Central California
Kretsstevne at
Buellton, CA
11 -Sundfjord's 55th
Anniversary

November:

8 -Sundfjord's Thanks-
giving dinner

**We will not have meetings in July and August
Our next meeting will be September 13, 2008**

President's Message

Summer's here, and it's going to be hot, hot, hot! Dress cool and casual for the 4th of July in the Claremont park. We will be setting up canopies for three spaces again, so bring your Norwegian display items, something cold to drink, and a comfortable chair. This is always a lot of fun, and a great way to make new friends and meet interesting friendly folks.

I'd like to thank the El Roble Middle School Color Guard, Irene, Ashley (tour roadie), and Kirsten (tour mom) for their performance at the May meeting. Held under less than ideal conditions (no music) the girls performed the routines that have brought them recognition and honors at the many competitions they have entered. We enjoyed the show, and are glad we could help support the Color Guard.

Nic Sanburg

Vice President's Message

This is our last meeting until September and already we are planning the rest of the year's activities starting with the Southern California Kretsstevne at the end of September.

And hasn't the weather been crazy? Lise Fleming and I were up in Idyllwild 3 weeks ago and it was snowing. We went there to tie up the Kretsstevne arrangements.

In October we will be celebrating the 55th Anniversary of Sundfjord Lodge. Then our big Thanksgiving feast in November and Christmas Julebord in December.

We will be bringing you news from the District Convention in June and I am returning to Norway in August so I should have some good stories to share with you. I always manage to have an adventure or two when I travel.

I hope you will all have a great summer and will be with us in the fall.

Pauline Pederson



Ha en riktig god sommer!

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Auditors: Jim Stewart & Erik Fleming

Zone Director: Robert Hanevik
(760) 948-1503

Insurance Rep: Dennis Burreson
(800) 448-2499



Gratulerer med dagen

(Happy Birthday)

June

1.....Lise Fleming
2.....Jack Pederson
4.....Signe Odegaard
6.....Cherri Grammer
6.....Don Hokonson
9.....Mary Jo Martinsen
10.....Trygve Givens
11.....Art Aslesen
18.....Rachel Deeb
21.....Ruth Shellum

July

15.....Bonnie Christopherson
18.....Kirsten Kjelby

August

9.....Florence Bjorka

God Bedring

(Get Well)

We wish Gerd Olsen a speedy recovery. Gerd fell and broke her hip in December, then had several months of therapy and now are having tests for heart problems.

(Please let us know if any of our members are under the weather)



Master Degree



Congratulations to Erik Fleming on receiving his MBA from the University of Redlands School of Business.

El Roble Color Guard Performance



Thank you to El Roble Color Guard for your excellent performance.

Recruitment Awards



From left; Lise Fleming, Pauline Pederson, Agnes Deeb, Art Aslesen, and Nic Sanburg.

Vice President Pauline Pederson presented the **2007 Recruitment Awards**, each received a pin and certificate for signing up new members.



4th of July Booth

We just received a letter from the Claremont 4th of July Committee that this year's festivities at Memorial Park starts **at 9:00 AM**, an hour earlier than the previous years.

We need to start set up our booth at **7:30 AM**.

The event goes from 9:00 AM to 4:00 PM when the parade starts. We need members to help with the set-up and to spend a couple of hours in the booth.

We are counting on our members to help promote Sons of Norway and Sundfjord Lodge.

Sportsmedal

Congratulations to Agnes Deeb who earned the Bronze "sykkelmerket" (cycling).



Agnes Deeb and Sports Director Jim Stewart

1000-Mile Club

Congratulations to Ruth Higley, our newest member in the 1000-mile Club. These are the 5 members of the 1000-mile Club.



From left; Lise Fleming, Agnes Deeb, Jim and Mary Stewart, and Ruth Higley.

Convention

The District Six Convention, hosted by Bjørnsterne Bjørnson Lodge # 14 of Oakland, will be held at the Marriott Hotel in San Ramon, CA on June 25-28, 2008. Sundfjord's delegates to the Convention are President Nic Sanburg, Vice President Pauline Pederson and Secretary Lise Fleming.

To all our fathers we wish
you
Happy Father's Day!

**Syttende mai" pix
from San Bernardino**



Sundfjord members who attended the 17th of May celebrations in San Bernardino.



**Pauline Pederson
and her two
granddaughters
Claire and Paige**



Nice to see so many wearing "bunad" in 101 degrees

**Sundfjord's 2009 Cruise
7-day Mexican Riviera**

We invite all lodges to join our cruise

Ports of calls are Cabo San Lucas, Mazatlan and Puerto Vallarta on the ship "Mariner of the Seas" from the Royal Caribbean Cruise Line. The ship leaves from San Pedro harbor on **March 15, 2009**



PASSPORTS ARE REQUIRED

NEW:

****Due to increased fuel prices, as of May 1, 2008 the prices increased. The prices may increase again so book your trip early.**

Inside room starts at \$ 936.00, includes fees and taxes. **This price is per person based on double occupancy** Ocean view rooms, balcony rooms and suites are also available.



For us to be seated together in the dining room, the cruise line requests that **ONE** person from our group makes all the reservations. Sundfjord's Vice President Pauline Pederson will be in charge of making your reservation. A deposit

of \$ 250.00 per person is required for her to make your reservation. Make checks payable to **Pauline Pederson.** When your reservation is made, you will receive your confirmation/reservation number from Pauline. Then go on the **www.royalcaribbean.com** web site and click on "visit your reservation", then enter your confirmation/reservation number and complete the registration form. At that time it will give you your cabin number.

The balance you will owe needs to be paid by **January 4, 2009** and you can do it on the Royal Caribbean web site with your credit card.

Insurance prices may also have increased, anyway.... Insurance is an additional \$ 59.00 per person for inside cabin, \$ 79.00 per person for outside and balcony, and \$ 109.00 for suite per person. It is recommended that you take out insurance in case something unforeseen should happen.

**No reservations accepted after
November 1, 2008**

For more information or any questions contact Pauline at **PEDERSONPAULINE@aol.com**

Glendora Rotary Club

District Six Treasurer and Edvard Grieg member LaVonne Kerfoot, Sundfjord's Vice President Pauline Pederson and Secretary Lise Fleming were speakers at the Glendora Rotary Club on May 20th, 2008.

We were warmly welcomed by President Gordon "Gordy" Norman, a Norwegian from North Dakota, so all the Rotary members were very familiar with the "uff da" expression. We were treated to a fabulous lunch and enjoyed meeting the more than 50 Rotary members.

Lise's presentation about Norway, covered its history, the Viking era, the significance of 17th of May, the off-shore oil and gas, the Global Seed Vault on Svalbard, Social welfare, religion, education and modern Norway today.



Pauline talked about the "bunad" we were wearing. Its history and tradition, jewelry, embroidery, the different styles and occasions to wear the bunad.



LaVonne spoke on the Sons of Norway organization, why, when and how it started, the different programs Sons of Norway has to offer and the local lodges.



We each were presented with a Glendora Rotary Club pin and Sundfjord Lodge received a certificate that reads: **In honor of your presentation today, the Glendora Rotary Club has made a book donation to the Glendora Public Library.**

July 4th Weekend at Camp Norge

Don't miss the 4th of July parade in Dutch Flat at 10:00 a.m. on Friday. This is truly a small town USA parade and celebration. The Community of Dutch Flat has food booths and activities throughout the day on Friday the 4th.



There will be basic food service for breakfast and dinner at Camp on Saturday and Sunday. pancakes, juice and coffee for breakfast and hot dogs, baked beans and watermelon for dinner on Saturday and Sloppy Joes, potato salad and watermelon for Sunday dinner. We will be serving in the patio of the main house as the rec. hall has been rented to a group of members for their annual outing so there will be no refrigerator or kitchen facilities available to campers. Serving hours will be posted at Camp. Cost will be minimal. There are rooms available as well as tent and RV spots. Please call camp, **530 389-2508**, for reservations, and indicate if you are interested in the food service so we know how much food to purchase.

Sons of Norway
æer så god! **Peer Gynt-22 Lodge** 28th Annual
Heritage Faire
Saturday October 4, 2008
12:00pm-5:00pm
Admission \$2.00-Children under 16 free, with parents.

Norwegian Refreshments
Hot dishes, lefse, home-baked norwegian specialties, rommegrot, take-out available.

Cultural Demonstrations
Rosemaling, Lefse baking, Antinque exhibit

Heritage Information
Language, arts, field trips,
Sons of Norway Memberships

Scandinavian Imports
Perfect gifts for Christmas and other occasions, Scandinavian foods, clothes, books, cd's, etc..

Peer Gynt Hall
3835 Watseka, Culver City
Information: 323-634-7605

Location: Watseka is between Venice and Washington Blvd., several blocks east of Overland, and just east of Brotman Medical Center. From 405, take Venice/Washington exit. Drive east on Venice to Watseka. Free parking available in city lot across street.

Join in this festive celebration of Norwegian Heritage

Camp Norge News

We have heard it said that Sons of Norway is a well kept secret. It seems that to some extent Camp Norge is a well kept secret within our membership. We might know about the Language Camp for the children and the Rosemaling (rose



painting) classes, etc. but from what I hear, members do not think of Camp Norge as their campground.

Spread the word! Families may want to consider offsetting the high cost of fuel this summer with the low cost camping at Camp Norge.

Check it out at www.campnorge.com



Single Premium Deferred Annuity (SPDA)

Sons of Norway are now offering its members a new option for those of you who are shopping for a deferred annuity. With bank rates so low this might be something to consider?

*Available March 10, 2008

*Minimum Deposit: \$ 10,000

*No Loading, all premium payments are credited fully to the account value. No loading or fees are deducted upon receipt of the premium payment.

*No Sales Charges or Administration Fees Ever.

Current Interest Rate Banding	Base Rate	1 st Year
\$ 10,000 - \$ 24,999	4.00%	5.25%
\$ 25,000 - \$ 49,999	4.20%	5.45%
\$ 50,000 - \$ 99,999	4.45%	5.70%
\$ 100,000 - \$ 249,999	4.55%	6.05%
\$ 250,000 and over	4.55%	6.55

*First-Year Interest Rate Bonus

\$ 10,000 - \$ 99,999	1.25%
\$ 100,000 - \$ 249,999	1.50%
\$ 250,000 - and up	2.00%

*Initial Current Interest Rate

For more information, contact our Area Manager

Dennis Bureson at 1(800) 448-2499

E-mail: res03knl@charter.net

Proverb

When someone shares something with you and you benefit from it, you have a moral obligation to share it.



Midsummer Party at Nansen Field

SCAN is pleased to invite you to their 8th annual
"All You Can Eat Shrimp Feast & Dance"
 (Grill meats and Pasta will be served for those who do not like shrimp)
Live music by "Time Machine" - Dancing
Saturday June 28, 2008, 5:00 pm at Nansen Field
15 Hidden Valley Road, Rolling Hills Estates

Co-Sponsoring Organizations:

Danish American Chamber of Commerce, Finnish American Chamber of Commerce, Norwegian American Chamber of Commerce, Swedish American Chamber of Commerce Los Angeles Finlandia Foundation, Icelandic American Association, Norwegian and Swedish Seaman's Church, Sportklubben FRAM, SWEA LA Chapter, Fram Soccer, Norwegian Fish Club, Sons of Norway/Utbrudd, BRITS at Nansen, Scandinavian Center at Nansenfield/SCAN, Seamen of Norway/SNI, Svenska Lunchgäset, LA chapter, Swedish School of South Bay

No Host Bar • Raffle & Silent Auction • Dancing Around the Maypole

Cost is \$30.00 or \$35.00 on the night

Kids 5-9 \$5.00 • 10-14 \$10.00 • 15-17 \$15.00

Includes all you can eat shrimp, wine w/dinner, bread, salad, strawberries, coffee, Danish Kringle. A limited amount of BBQ meats will be available at an additional charge on the night.

Reservations with payment are a **MUST** by June 25th

For more information visit our web site: www.nansenfield.org or call Paal Berg (562) 716-9414 or (310) 547-9349 • paal.berg@wilhelmsen.com

Please reserve _____ seats at the June 28th Midsummer Shrimp Feast. Names of additional guests should be included on the back of this flyer when mailing in.

Enclosed is my check in the amount of \$ _____

Name: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell: _____ Email: _____

Please send check, made payable to: SCAN/NFF, P.O. Box 1492, San Pedro, CA 90733



Sons of Norway Mission Statement



The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial product to its members.

Southern California Kretsstevne

September 26 – 28, 2008

This year we will meet at Thousand Trails in Idyllwild which is located in the San Jacinto Mountain at 6,435 ft. elevation.



Along with great fellowship and food, there will be boutiques, activities, games for the children, bingo, singing and entertainment.

Options to attend the weekend festivities are:

*Bring your own RV or tent and rent a space

*Rent an on-site RV for a 2-night stay

*Drive in for the day

Please make your reservations by September 10, 2008.

See Lise Fleming for registration form.

St. Hans Aften

(Midsummer's Eve)

This holiday, celebrated June 24th, is named after a bible character but its roots dates from pagan times. St. Hans

Aften is midsummer's Eve and is the brightest (and longest) day of the year; it is the day when the sun "turns".



Old pagan tradition of gathering around bonfires on this night is now the only mark of this day.

For a while, until 1770, it was a religious holiday believed to give protection from evil spirits and keep witches away.

Today it is all about the bonfires, planks, driftwood, leaves, old furniture etc are gathered and set on fire. In addition there are barbeques and games for the children.

Olsok

Olsok (literally "St. Olaf's Wake") is a name for July 29, traditionally the date for the Battle of Stiklestad in 1030 and the death of St. Olaf, Norway's first Saint. He is remembered as the eternal king of Norway due to his attempt to (forcefully) convert the country to Christianity, and his martyrdom became an important tool for the Church.



This date is celebrated in various ways and in Norway it is an official flag day.

Nyheter fra Norge

News from Norway

Record Price for Munch



Pikene på broen

A world record sale at Sotheby's New York confirms the continuing popularity and respect for Norway's famous painter, Edvard Munch.

One of the painter's best known works, "pikene på broen" (girls on a bridge) recently sold for 30.8 million dollars.

Munch masterpieces back on display



The scream

Two paintings by famed Norwegian artist Edvard Munch is back where they belong, on the walls of Oslo's Munch Museum, after a nearly four-year odyssey of theft, recovery and rehabilitation.

Climate change threatens Norway's moose



Already chased by hunters and often run down by cars and trains, the popular Norwegian moose now faces another threat: Global warming.

Researchers claim the moose population is threatened by higher temperatures in the spring and early summer that can upset their food

supplies. The moose is extremely vulnerable to climate changes. An especially warm spring and early summer can have immediate consequences on the moose's reproductive abilities. That's because warmer temperatures will lead to earlier sprouting of the greenery on which moose calves feed. If it sprouts early, it may be too dry and fibrous by June, when the calves are born and start to feed.

That in turn will cause problems for the calves' digestive systems and leave them too thin to survive their first winter. Their body weight is like a barometer for climate change.

Researchers had thought Norwegian animals would generally be well-equipped to handle a warmer climate, and even benefit from less snow and ice. Instead, the opposite is true. A warmer climate prompts large swings in the moose population.

The research on the moose population, which in general has increased in recent years, is part of the Norwegian Research Council's NORKLIMA program.

Aftenposten

Kaldeste 17. mai på 50 år (Coldest 17th of May in 50 years)

Norwegians were shivering through the coldest 17th of May Constitution Day festivities in Norway in 50 years. Near-record low temperatures, rain, snow and sleet put a damper on festivities all over the country.