

SUNDFJORD SUN

Sundfjord Lodge #65

May 2009

First Place winner at the 2005/2006 and 2007/2008 District Convention



Meeting Location:
Rock of the Foothills Church
4630 Wheeler Ave.
La Verne, CA 91750



Second Saturday at 12:00 Noon



President's Message

Happy syttende mai! I am sorry to have missed out the Easter luncheon but I had to leave to attend a funeral. I heard that the Easter lunch was again a feast with all that delicious food. Attendance was not as good as we had hoped for, some of you really missed out! This is YOUR lodge and we need YOUR support. Congratulations to Sarah, Jim, and Charlie who were the winners of the Easter Hat contest. Only one more lodge meeting before we adjourn for the summer. Remember that our lodge is closed for the months of July and August and we will meet again in September.

-Pauline Pederson

Vice-President's Message

Hurra for Syttende Mai! We enjoyed a beautiful Easter lunch. The food was great as usual. We will have another fund raiser for our Thanksgiving dinner in November, please plan to attend as we need your support. Don't forget the "Syttende Mai" at San Bernadino City Hall on Monday, May 18, at 10:00 AM. This is always a great event with the Norwegian flag raising ceremony. Due to the deaths of Roy and Inger Olsen of the San Bernardino lodge, the luncheon after the flag ceremony has been cancelled. Keep on spreading the word about Sons of Norway.

-Agnes Deeb

Kalender (Coming Events)

MAY

- 15 Syttende Mai at Long Beach Civic Center
- 17 Syttende Mai at Nansen Field/Rolling Hills
- 18 Syttende Mai at San Bernardino City Hall
- 25-23 Memorial Day Weekend at Camp Norge

JUNE

- 7 Sundfjord Lodge day at Upland Theater
- 13 Sundfjord's Meeting
- 20 Mid-summer Shrimp Party at Nansen Field

JULY

- 12 - 25 No Sundfjord Meeting
- 23-25 Children's Heritage Camp at Camp Norge
- 23-25 Memorial Day Weekend at Camp Norge

AUGUST

- No Sundfjord Meeting

SEPT

- 4-6 Solbakken lodge at Orange International Street Faire

2008/2009 Sundfjord's Officers

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- TubFrim:** Char Nelson
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- Zone Director:** Nancy Madson
(760) 343-0848
norsknm@earthlink.net
- Insurance Rep:** Dennis Burreson
1(800) 448-2499



Gratulerer med dagen

(Happy Birthday)

May

- 5.....Ashley Davis
- 10.....Jim Stewart
- 15.....Stanley Cook
- 21.....Betty Partaker
- 28.....Corey Hanson

June

- 1.....Lise Fleming
- 4.....Signe Odegaard
- 9.....Mary Jo Martinsen
- 10.....Trygve Givens
- 11.....Art Aslesen
- 18.....Rachel Deeb
- 21.....Ruth Shellum

God Bedring

(Get Well)

Annalease Becker (Ruth Higley's 95 year old mother) is doing better. She is now on oxygen 24 hours a day.

(Please let us know if any of our members are under the weather).



Sports Medal



Sarah Keeney and Sports Director Jim Stewart

Congratulations to Sarah Keeney who earned both the Bronze and Silver "gangmerket"

Sarah will be competing in the City of Los Angeles Marathon on Memorial Day, May 25, 2009. We will be rooting for you Sarah!

Easter Hat Contest

Winners



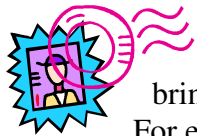
Prettiest Hat – Sarah Keeney

Funniest Hat – Jim Stewart

Ugliest Hat – Charlie Dietz

Each received a chocolate bunny and a diploma

TubFrim



Please save canceled stamps off envelopes. Cut ¼ inch on all sides or bring your envelopes to the lodge meetings.

For each pound you turn in to TubFrim chair person Char Nelson, your name will be entered into a drawing for ONE round-trip airline ticket to Norway. Stamps will be dropped off at the Norwegian Seamen Church in San Pedro in November.

Our Lodge is going to the Theater

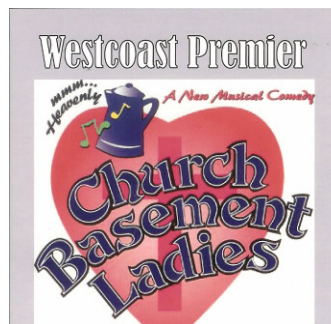
Before it goes to Broadway, the Upland Grove Theatre will be presenting

“Church Basement Ladies”

This is a Musical Comedy showing what really goes on in the basement of a Lutheran Church. Lots of singing and laughter as the ladies plan wedding, baptism and funeral parties.

Our lodge will be going to see this show on **Sunday, June 7, 2009** at the **2:00 pm matinee**.

The group rate tickets are \$ 25.00 per person (regular price is \$ 30.00). So far, 12 of us have reserved our tickets and there are still tickets available if you want to join us. Let Lise Fleming know as soon as possible if you would like to see this show.



Sundfjord's Library

Jim Stewart has organized our library and we have some great Norwegian videos, DVD's and books that our members can check out.

VIDEOS

1. Song of Norway
2. The World of Skiing-Norway
3. Norwegian Coastal Voyager /Hurtigruten
4. Voyage/Hurtigruten
5. Norway/Globe Trekker
6. Norway/Official Video
7. The Telemark Canal/Norway
8. Norway Mt. Farms/Where the Home Fires Died
9. Greenland/Lost Vikings from Norway/1500
10. Greenland/Lost Viking, second copy
11. Vinland Map
12. Secrets of Viking Warriors



DVD's

1. Part 1 – The Viking Age/lecture
2. Part 2 - The Viking Age/lecture
3. Part 3 - The Viking Age/lecture
4. Norway-Viking Spirit 2009
5. Christmas in Norway
6. Sissel - Northern Lights Concert



BOOKS

1. Lost Worlds – Vikings
2. Viking Mythology – Introduction
3. Voss – Norway
4. Norway – In a Class of its Own
5. Voss – Emigration to America
6. Norway – Insight Guide
7. A Viking Voyage – W. Hodding Carter
8. Norwege – Roar Hauglid
9. The World of the Vikings

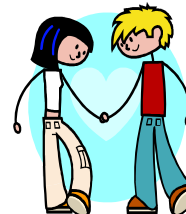


MAGAZINES

Vesterheim Magazines, Vol. 1 - 6

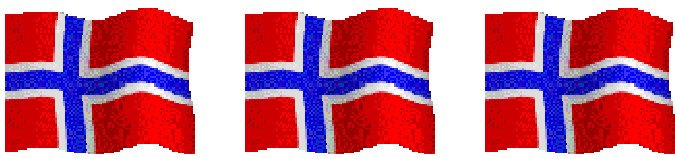
Heritage Members

Heritage membership is FREE for children age 0 to 15 who has a Sons of Norway family member in good standing.



The Heritage members receive the quarterly “Viking for Kids” newsletter with lots of fun activities and information about Norway plus a Pen Pal Club.

The benefit of this FREE membership is that it teaches your children or grandchildren about their Norwegian heritage.



Syttende mai

On May 17, 1814, the Norwegian Constitution was signed, giving Norway independence from its 500 year union with Denmark. This constitution came about when, following the Napoleonic War, a defeated Denmark ceded Norway to Sweden without consent of the Norwegian people. This led to a group of Norwegian delegates, who met in Eidsvoll, to create a constitution creating an independent Norway. The delegates elected Prince Kristian Frederik to be King of Norway. As a result of their action, war with Sweden commenced. After 6 months of hostility, a peace treaty established Norway and Sweden as separate kingdoms under a common monarch, King Charles XIII, who consented to recognize the Constitution of May 17. But the Norwegian people remained unhappy with this arrangement and sought full independence. In 1905 all ties between Norway and Sweden were peacefully dissolved.

17 of May, or Syttende Mai as the Norwegians call it, is the Norwegian Constitution Day and Norway's National Day. It is also the Children's Day and all over Norway, the children participate in parades to celebrate that they live in a free and independent country.

Syttende Mai Celebrations

Friday, May 15 -Flag hoisting ceremony at Long Beach Civic Center at 10:30 AM followed by lunch.

Sunday, May 17 - at Nansen Field, Rolling Hills starting at 10:00 AM

Monday, May 18 -Flag hoisting ceremony at San Bernardino City Hall at 10:00 AM. **Lunch cancelled.**

Til Minne

(In Memory)



Roy and Inger Olsen

It is with great sadness to let you know that Sundfjord's close friends, Roy and Inger Olsen of Soldalen # 67 lodge in San Bernardino passed

away just two days apart. They were both on the Sundfjord cruise in March and we had such a wonderful time together, even though Inger was ill and in pain. She put on a brave smile and came for dinner every evening simply because she wanted to be with the Sons of Norway members.

On April 17th, Inger lost her battle with Chronic Obstructive Pulmonary Disease. She had just turned 78 years old while in the hospital. Inger was born in Stabekk, near Oslo, she and Roy met at a dance class when they were children and was married in Oslo in 1954. She was an avid reader and loved doing the crossword puzzles. The rumors were that she also was a fabulous cook especially when it came to Norwegian dishes. She also was very crafty by making beautiful bunad for dolls that their lodge raffled out. Both Inger and Roy were 30 year Sons of Norway members. Roy passed away on April 19th of a heart attack. He was born in Iowa by Norwegian parents and they moved back to Norway during the Great Depression. Roy grew up in Bærum, a suburb to Oslo. He served in the Norwegian military. He then moved back to the U.S. and worked in the military intelligence, he retired from the Air Force as a Master Sergeant. Roy and Inger lived in several countries such as Norway, Germany and the Philippines. Roy was very proud to have been part of the Berlin Airlift in 1948-49. Last year he was very pleased to be invited by the German Consulate to celebrate the 60th anniversary of the relief effort provided by the Allies to the Soviet-blockaded West Berlin.

Roy served on the District Six Board for several years and was District President from 1996 to 2000. He was also very proud of that he was instrumental in arranging that Sons of Norway could hoist the Norwegian flag on "Syttende mai" at San Bernardino City Hall. No other foreign flags have ever been able to fly at the City Hall. Roy was an outspoken Toastmaster member and very strict on etiquette, especially when it came to the Norwegian flag.

Inger and Roy are survived by their son Einar Martin Olsen, their daughter and son-in-law Chrissie and Jack Hartly and their 2 grandsons Nick and John.

A memorial service were held for the couple at First Lutheran Church in Redlands on May 2, 2009 and was attended by many Sons of Norway members including the following members from Sundfjord Lodge; Agnes Deeb, Pauline Pederson, Lise Fleming, Char Nelson, Art Aslesen and Betty Partaker.

Norwegian Logic

Ole became quite successful in America. He one day walks into a New York City bank and tells the loan officer that he is going to Norway on business for two weeks and needs to borrow \$ 5,000.

The bank officer tells him that they will need security for the loan so Ole hands over the keys to his new Ferrari. The car is parked on the street in front of the bank. Ole produces the title and everything checks out. The loan officer agrees to accept the car as collateral for the loan. The bank's President enjoys a good laugh at Ole for using a \$ 250,000 Ferrari as collateral against a \$ 5,000 loan. An employee of the bank then drives the Ferrari into the bank's underground garage and parks it there.



Two weeks later, Ole returns and repays the \$ 5,000 and the interest, which comes to \$ 15.41.

The loan officer says, "Sir, we are very happy to have your business, and this transaction has worked out very nicely, but we are a little puzzled. While you were away, we checked out and found that you are a multi-millionaire. What puzzles us is, why would you bother to borrow \$ 5,000?"

Ole replies, "Were else in New York City can I park my car for two weeks for only \$ 15.41 and expect it to be dere ven I return?"

You got to love those Norwegians... Ya, sure, you betcha!

Greetings from the Sons of Norway Foundation Office

The 2009 Helping Hands to Children Grants have been awarded. These grants are awarded to financially support Adopt-A-School and children's heritage programming. We have 25 awards this year. Donations from our lodges and members to the Sons of Norway Foundation Humanitarian Fund make these grants possible.

Our lodges are making a difference in the lives of children in their communities by partnering with local schools through Sons of Norway's Adopt-A-School to bring in Norwegian programming, purchase books, collaborate with musicians, teach lefse and krumkake baking and a variety of other innovative ideas. We are helping to sponsor Barneløpet events, Mini Norwegian Day Camps and Children's Heritage Fairs.

Your Sons of Norway Foundation is active in so many ways. Soon you will be hearing from us on the 2009 General Heritage and Culture Grants, Local Lodge Partnership Grants and, of course, all of our scholarships. We invite you to visit the Foundation section of the Sons of Norway website for details on the grant and

scholarship applications and guidelines and to view listings of grant and scholarship recipients.

Thank you for all you do to promote both the grant and scholarship opportunities to our members and how giving to our Foundation is making a difference.

Hilsen,
Cindy Olson
Director
Sons of Norway Foundation



Midsummer Party at Nansen Field

SCAN is pleased to invite you to their 9th annual
"All You Can Eat Shrimp Feast & Dance"
(Grill meats and Pasta will be served for those who do not like shrimp)
Live music by "Time Machine" - Dancing

Saturday June 20th, 2009, 5:00 pm at Nansen Field
15 Hidden Valley Road, Rolling Hills Estates

Co-Sponsoring Organizations:

Danish American Chamber of Commerce, Finnish American Chamber of Commerce
Norwegian American Chamber of Commerce, Swedish American Chamber of Commerce Los Angeles Finlandia
Foundation, Icelandic American Association, Norwegian and Swedish Seamen's Church, Sportsklubben FRAM, SWEALA
Chapter, Fram Soccer, Norwegian Fish Club, Sons of Norway/Ulabrand, BRITS at Nansen, Scandinavian Center at
Nansenfield/SCAN, Seamen of Norway/SNI, Svenska Lunchgänget, LA chapter, Swedish School of South Bay

No Host Bar • Raffle & Silent Auction • Dancing Around the Maypole

Cost is \$30.00 or \$35.00 on the night
Kids 5-9 \$5.00 • 10-14 \$10.00 • 15-17 \$15.00

Includes all you can eat shrimp, wine w/dinner, bread, salad, strawberries, coffee, Danish Kringle.
A limited amount of BBQ meats will be available at an additional charge on the night.

Reservations with payment are a **MUST** by June 17th

For more information visit our web site: www.nansenfield.org or call
Paal Berg (562) 716-9414 • paal.berg@wilhelmsen.com

Please reserve _____ seats at the June 20th Midsummer Shrimp Feast. Names of
additional guests should be included on the back of this flyer when mailing in.

Enclosed is my check in the amount of \$ _____

Name: _____
Address: _____ City: _____ Zip: _____
Home Phone: _____ Cell: _____ Email: _____

Please send check, made payable to: SCAN/NFF, P.O. Box 1492, San Pedro, CA 90733

Memorial Day



Memorial Day of every year
The little valiant flags appear
On every fallen soldier's grave
Symbol of what each did to save
And we who see and still have breath
Must get wiser from their death.

Dorothy Brown Thompson



The New Nordic Annuity

Are you happy with the interest you are earning on your CD's, Savings Account, Money Market Account, IRA's, or Mutual Funds?

Maybe you are tired of your stock market losses and are looking for a stable guaranteed fixed interest rate account to invest your hard earned money.



Sons of Norway are now offering its members a new option for those of you looking to get higher returns on your savings. **The New Nordic Annuity** has a first rate of return from 5.00% to 6.35%! The Sons of Norway Single Premium

Deferred Annuity (SPDA) offers you guarantee of principal, minimum guarantee interest rate of 3% and tax deferred interest accumulation.

Deposit	First Year Rate Return
\$ 10,000 - \$ 24,999	*5.00%
\$ 25,000 - \$ 49,999	*5.20%
\$ 50,000 - \$ 99,999	*5.45%
\$100,000 - \$249,999	*5.85%
\$250,000 and over	*6.35%

* Rates above reflects first year bonuses from 1.2% to 2.00%

If you would like more information about the Sons of Norway's annuity and life products, please call Dennis Bureson at (800) 448-2499 or e-mail him at res03knl@charter.net

UFF DA Happens!

Southern California Kretsstevne

This year we will meet at Thousand Trail campgrounds at Pio Pico, Jamul on **October 16 – 18, 2009**. Thousand Trails at Pio Pico is 180 acres of San Diego County's recreation facilities with elevation at around 1400 feet. Along with the usual great food and fellowship, there will be boutiques, activities and games for the children, bingo, singing and entertainment.

Options to attend the weekend festivities are; drive in for the day, bring your own RV or tent and rent a space or rent an on-site RV trailer for a 2-night stay.

As before, we are requesting **3 dozen cookies** from each lodge for our Hospitality Table and a **\$ 10.00 gift** to be raffled off.

Hot "lapskaus" (Norwegian stew) will be served Friday evening and B.B.Q. Tri-tip with all the trimmings on Saturday evening. Ask Lise Fleming for registration form.

Southern California Kretsstevne Raffle

Why is selling raffle tickets to the Southern California Kretsstevne (SCK) important?

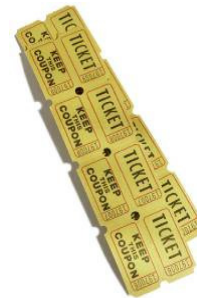
The District Six Policy book mandates having kretsstevner, and further, it stipulate that all net proceeds from these events be sent to the Recreation Center, Camp Norge, for its use.

One of the major fundraisers at a Kretsstevne is the annual raffle. Each year, the sales of raffle tickets for the SCK yields \$ 700 to \$ 1,000 to the proceeds that are sent to Camp Norge, along with monies from games, food sale, and boutique commissions.

This is why it is so important to encourage raffle ticket sales to your lodge members.

Remember, you **DON'T HAVE TO BE PRESENT TO WIN**. Please support Camp Norge by buying lots of raffle tickets. Buy a book for a gift.

S.G. Swenson
Raffle Ticket Coordinator



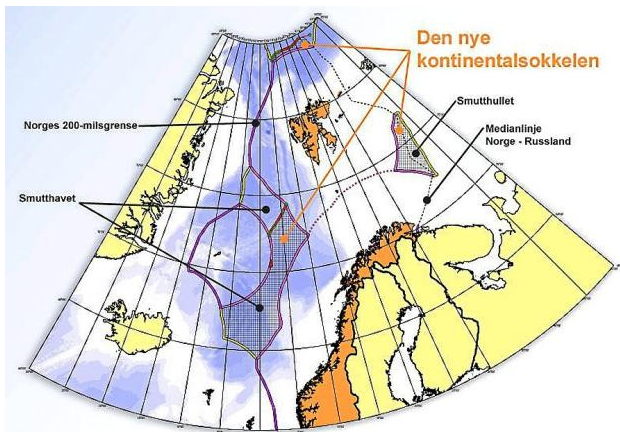
Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationships with other Nordic Countries, and provide quality insurance and financial products to our members.

Nyheter fra Norge

(News from Norway)

Norway will become a super ocean power



The UN Law of the Sea Committee has agreed that Norway has the right to extend its continental base outside the existing 200 nautical miles. Norway's Continental Base will be extended by 250,000 square kilometers to the north and west. This is an area about the size of Great Britain.

Oil and Gas Experts are Elated

With the extended Continental Base, Norway is guaranteed the rights to oil and natural gas resources that most likely will be worth hundreds of billions of Norwegian kroner. (1 US dollar = 7 Norwegian kroner)



This is very good news for Norway says oil expert Jaran Rystad of Rystad Energy. He further says that the area between Jan Mayen and Iceland, northeast of Jan Mayen, and the area around Svalbard and east Berents Ocean could yield huge oil fields. How much is there is hard to say at this point but they are very optimistic. Then there is what is called the "grey zone" which is the ocean between Norway and Russia that both countries are claiming. This will have to be worked out between the two countries.

Dagbladet

Oslo's Opera House Receives Award



Norwegian architect Tarald Lundevall received EU's (European Union) prestigious award, the **2009 Mies Van der Rohe** award for the best building in Europe, the white marble "Snøhetta" Opera and Ballet House in Oslo. He competed with 340 other buildings in Europe. This is the 9th award "Snøhetta" has received but this is the highest honor said Tarald Lundevall.

Aftenposten

Crown Prince Haakon Steps in as Map Reader for Rally Driver Solberg



Norway's Crown Prince Haakon is used to have a driver but in mid-May, he will be the map reader for Norway's rally driver, Henning Solberg. The Crown Prince will sit in the shot-gun seat from Drammen. The race is to mark the opening of the new Norwegian Hydrogen station and only non-emission cars such as electric and hydrogen cars will participate.

Atenposten

Immigrants and Norwegians-born to Immigrants

At the beginning of 2009, there were 422,600 immigrants and 85,600 Norwegian-born to immigrant parents in Norway. The largest group is from Poland, the second largest from Pakistan, then from Sweden, Iraq, Somalia and Germany. The immigrant population is made up of a relatively high number of young adults compared with the population as a whole. Of Oslo's 575,500 inhabitants, 152,100 were immigrants or Norwegian-born to immigrant parents, which is 25% of the capital's entire population.

Norway.com