

SUNDFJORD SUN

Sundfjord Lodge # 6-065

November 2009

First Place winner at the 2005/2006 and 2007/2008 District Convention



Meeting Location:
Rock of the Foothills Church
4630 Wheeler Ave.
La Verne, CA 91750
Second Saturday at 12:00 Noon



Kalender (Coming Events)

- NOV**
20-22 *Julebazaar at the Norwegian Seaman Church, San Pedro
- 26 *Thanksgiving
- DEC**
5 *City of Upland's Christmas Parade
- 5 *Norseman Lodge # 91 Julebord
- 12 *Sundfjord's Christmas Party
- 2010**
- JAN**
8 *Sundfjord's Meeting, Installation of Officers
- FEB**
12 *Sundfjord's Meeting
- 20 *Lutefisk Dinner at Solskinn lodge # 91 in Palm Desert
- MAR**
12 *Sundfjord's Meeting
- 20 *Scandinavian Heritage Day at Solskinn lodge # 91 in Palm Desert
- JUNE**
23-26 *6th District Convention Modesto, CA
- AUG**
*International Convention Coeur d'Alene, Idaho

President's Message

Happy Thanksgiving!

The most important on the agenda this month is the election of lodge officers to serve a 2-year term. We will also enjoy our traditional Thanksgiving feast with all the trimmings. This is our fundraiser for the year, we hope for a big turnout so bring your family and friends.

November 20, we will be traveling to the Seaman's Church in San Pedro to drop off our TubFrim stamps that we have been collecting all year long and attend the Church Christmas Bazaar. If you forgot to bring your stamps, please contact Char Nelson at (909) 593-4447.

Next month we will have our annual Julebord (Christmas lunch) so get those recipes and prepare a Norwegian dish. Yes, we will have lefse but probably NO lutefisk.

Pauline Pederson

Vice-President's Message

Our Halloween party was a lot of fun as members dressed up in costumes. It is fun to see how creative people are. Prizes were given for the Best, Funniest, Scariest and Most Original costumes.

Last month, Bill and I moved to Upland so now we are much closer to all of our Sundfjord friends. Are you ready to feast on our delicious turkey dinner? Thank you to the cooks who prepared all the food.

Looking forward to our December Julebord with lots of good Norwegian food, going around the Juletre singing Norwegian carols and the visit from Julenissen (Santa Claus).

Wishing you all a very Happy Thanksgiving.

Agnes Deeb

2008/2009 Sundfjord's Officers

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Zone Director: Nancy Madson
(760) 343-0848
norsknm@earthlink.net

Insurance Rep: Dennis Bureson
1(800) 448-2499



Gratulerer med dagen

(Happy Birthday)

NOVEMBER

16.....Irene Davis
16.....Jacqueline Cordes

DECEMBER

10.....Ruth Higley
14.....Christine Ricci
17.....Andrew Aslesen
21.....Helen Tollefson
26.....Brian Wilcox
28.....Lola Peterson
29.....Gunilla Oh
30.....Catherine Cordes

God Bedring

(Get Well)



We wish a speedy recovery to Helen Tollefson who just had hip surgery.
(Please let us know if any of our members are under the weather).

Halloween Party



Front: Lise Fleming
First row: Ashley Davis, Mary Stewart and Betty Partaker
Last row: Bea Swank, Ruth Higley, Pauline Pederson, Jim Stewart,
Diane Griego, Irene Davis and Charlie Dietz.

Halloween Contest Winners



Front: Ashley Davis
Rear: Betty Partaker, Jim and Mary Stewart

Southern California Kretsstevne

This year's Southern California Kretsstevne was held at Pio Pico, near San Diego. In attendance were 45 adults and 7 children from various lodges. From Sundfjord lodge we had 6 in attendance; Art Aslesen, Pat Hester, Bea Swank, Pauline Pederson, Betty Partaker and Lise Fleming.

Friday evening, Solbakken lodge served "Lapskaus" (Norwegian stew) and cake for dessert and we played bingo.

Saturday was potluck lunch, lots of delicious food. After lunch we had games for both children and adults. Sundfjord lodge arranged the adult games. Pauline won the horse races.

Saturday evening was B.B.Q. Tri-tip by master chef Rex Seawright and almond cake by Nancy Madson, both from Solskinn lodge. We had sing-a-long, gave out prizes for the adult games and had the raffle drawings. The weather was nice and warm and we had a great time fraternizing with members from other lodges.



Art
Aslesen
and Pat
Hester



From left; Bea Swank, Betty Partaker, Lise Fleming and Pauline Pederson.

Kretsstevne Raffle Winners

This year, the winners of the cash prizes were all from Solbakken lodge.

- \$ 100.00 – Jack Fjeld
- \$ 50.00 – R.C. Ryder
- \$ 25.00 – James Wiegant

Horse Races



From left: Pauline Pederson/Sundfjord # 65, Richard Hausvik/Valhall # 25, Siri Phoels/Solbyer # 134, Bob Gjerde/Norge # 60, Bernice Gunderson/Solbakken # 64 and Ordale Johnson/Norseman/# 91



Bill and Agnes Deeb's new address is:

1400 W. 13th Street, Unit 30
Upland, CA 91786
Phone: (909) 985-1076

New Member

We WELCOME new member Diane Griego to Sundfjord Lodge.

Please add her name, address and phone number to your Lodge Directory.

Address: 1022 N. Orange Ave, Ontario, CA 91764

Phone: (909) 391-3232

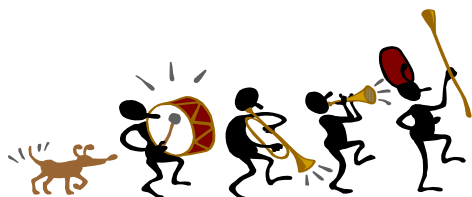
New American Citizen



Lise Fleming was sworn in as an American Citizen on October 29th, 2009. Several Sundfjord members who also are Red Hatters helped celebrate with her. After the ceremony, we had a wonderful Chinese lunch. Congratulations Lise!

Pauline Pederson

Christmas Parade



Sundfjord lodge will participate in the City of Upland's Christmas Parade on Saturday, December 5, 2009. The parade starts at 5:00 pm. and goes in downtown Upland. It is an easy walk in a slow pace and about 3-4 blocks. We want as many as possible of our members to participate in the parade.

Juletefest

(Christmas Party)

We will celebrate Christmas at our December 14 meeting and for the potluck; we encourage our members to make a Norwegian dish or dessert. If

you need a recipe, contact Lise Fleming or Google it on your computer.

Julenissen (Santa Claus) will be visiting; so please bring a wrapped gift for your child/children and put their name(s) on the gift(s).



Senior Olympics Games



In September, our Sports Director Jim Stewart participated in the 25th Senior Olympics Games held at Hemet/San Jacinto.

515 seniors at age 50 years and up participated in 15 different sports events for men and women during the 2 weeks Games.

Jim competed in the swimming events and won 5 of the events; 2 in freestyle, 2 in backstroke and the medley.

Congratulations Jim on your 5 Gold Medals!

Til Minne

(In memory)

Our member Marilyn Ann Johnson passed away on October 29th, 2009 at the age 82. She was a member of our lodge for 6 years but the last 4 years was not able to attend our meetings. She and I kept in touch via phone. Every month when she received our newsletter, she would call and comment on the different articles that she found interesting. She looked forward to receive the newsletter; to read about what our lodge and members were doing, and told me several times that the newsletter was an important link for her. I will miss our phone calls.

Editor

Breakfast with Mary Jo

Our member Mary Jo Martinsen, who now lives in Arkansas, will be in California during the Christmas holidays and will love to see her Sundfjord friends so we will have breakfast with her on Monday, December 21 at 9:30 am. Please let Lise know if you plan to attend so she can make reservations for us at a restaurant.



Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationships with other Nordic Countries, and provide quality insurance and financial products to our members.



Foundation

Our Foundation Director Mary Stewart reports that by “passing the piggy” around at every lodge meeting, our lodge collected \$ 404.19 from November 2008

through October 2009. A check will be sent to Sons of Norway Foundation in Minneapolis.

2010 Norwegian Calendars

We still have a few 2010 Norwegian Calendars for sale at \$ 12.50 each. These calendars have beautiful pictures of Norway adorned with “rosemaling”. It is so nice to have a little bit of Norway hanging on your wall for a full year.

Cruise with Sundfjord in 2010

5 day Mexico Riviera Cruise, May 3 – 8, 2010

We invite ALL lodges to join us on the cruise!



4th annual cruise, next year (2010) on Royal Caribbean’s “Radiance of the Seas” leaving from San Diego, CA.

Itinerary:

May 3, Depart San Diego 5:00 pm

May 4, Ensenada

May 5, at sea cruising

May 6, Cabo San Lucas

May 7, at sea cruising

May 8, arrive San Diego 7:00 am

*Double occupancy: prices start at \$ 449.00 + Tax \$ 59.74 for inside stateroom per person.

*Staterooms with Ocean View starts at \$ 549.00 + Tax \$ 59.74 per person.

*Insurance is \$ 29.00 per person and we recommend that you get insurance in case something happens and you will get your money refunded.

*Singles: prices starts at \$ 779.00 + Tax \$ 59.74 for inside stateroom.

*Ocean View prices starts at \$ 979.00 + Tax \$ 59.74

*Insurance for single is \$ 59.00

Deposit required at the time you book your cruise is \$ 100.00. The balance will be due by March 4th, 2010.

PASSPORTS ARE REQUIRED

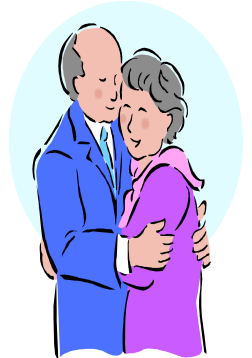
This year we ask you to book your own cruise. When you book your cruise, you need to link your reservation to Pauline Pederson’s reservation # 6143278 so we can be seated together at dinner for **FIRST DINNER SEATING**. Linking your reservation to Pauline can not be done when booking on the Internet; it has to be done by phone, call Royal Caribbean at (866) 562-7625 to book your cruise. Once you are booked and linked, please contact Pauline and give her your reservation number and cabin number so she can check to make sure that all of us are linked together.

If you need any assistance or have any questions, please e-mail Pauline at: PEDERSONPAULINE@aol.com or call at (909) 986-1655

***This is the only 5-day cruise offered so book early as spaces goes fast and you would not want to be left out.

Secret to a Long and Happy Marriage

At All Saint Lutheran Church they have a weekly husband’s marriage seminar. At the session last week, the Pastor asked Ole, who was approaching his 50th wedding anniversary to take a few minutes and share some insight into how he managed to stay married to the same woman all these years.



“Vell”, Ole replied to the assembled husbands, “I’ve tried to treat her nice, spend da money on her, but best of all, I took her to Norway for da 25th anniversary!”

The Pastor responded, “Ole, you are an amazing inspiration to all the husbands here. Please tell us what you are planning for your 50th anniversary.”

Ole proudly replied, “I’m a-gonna go get her.”



SWEA Swedish Christmas Fair

Sunday December 6, 2009

10 am – 5:00 pm

The Shrine Expo Center

700 W. 32nd Street, Los Angeles

Grieg Lodge Library puts its Norwegian trove online

More than 130 years ago, when a handful of Norwegian immigrants new to Portland formed what would become the Grieg Lodge, they gathered the few books they'd carried from their homeland and called it a library. Books have been so important to the saga-rich culture -- its myths and legends inspired J.R.R. Tolkien's "The Lord of the Rings" -- that the library continued to grow as the ethnic organization climbed to its present membership of 650. Today, the specialty collection, housed in the 1928 Norse Hall, overflows its custom oak bookshelves with more than 3,500 volumes.

Led by retired librarian Judy Jindrich, 24 volunteers this year finished digitizing the recently renovated library to make its treasures available online at www.glib.org. It's a huge feat considering the library is staffed by volunteers who work with a budget funded by pancake breakfasts, lutefisk dinners and film nights. To celebrate, the lodge rededicated the library on Sept. 13, 2009.



Why do Grieg Lodge members love the old library with its maple floors and period lighting, its ancient and contemporary titles, as much as they do? Why do 14 or so members meet for a monthly book discussion group? Why do visiting Scandinavian teachers marvel over the range of volumes found at 11th and Couch in Northeast Portland? In a state where much of the population is descended from or connected by marriage to Scandinavia, the library is a link to family heritage, says lodge president Julie Whipple. "I think there's a strong value around the culture," says library director Jean Richardson. "And books are one way to learn about the culture."

Submitted by Char Nelson

District Six Membership Promotion Dear Lodge Presidents, Vice Presidents, and Membership/Financial Secretaries;

The District 6 Membership Contest encourages you to achieve lodge growth by recruiting new members aged 50 and younger by May 31, 2010. The prizes are based on percentages, so every lodge has the same opportunity for success. Good luck to all.

Julebasar på den Norske Kirken (Christmas bazaar at the Norwegian Church)

The annual Christmas Bazaar at the Norwegian Seaman Church in San Pedro is November 20-22, 2009.

The Church is filled with Scandinavian Christmas items and delicious food. The "lille butikken" (small store) sells a variety of Norwegian and Swedish groceries. Friday & Saturday, November 20 & 21 - 11am to 6 pm
Sunday, November 22 from 11 am to 4 pm

New Lodge Instituted in Colorado

Congratulation to **Storefjell Lodge** in Colorado who will be instituted November 14, 2009 as Lodge # 6-169.

Sons of Norway Names New CEO

The new Chief Executive Officer (CEO) named is 39 year old **Eivind Heiberg** who has been with Sons of Norway since 2002 and served as the Fraternal Director overseeing more than 400 lodges in the USA, Canada and Norway.

Nyheter fra Norge

(News from Norway)

Norway Back on Top as World's Best Place to Live

Norway has regained its spot as the best country in the world in which to live, according to the United Nations Development Program (UNDP). It beat out 181 other countries ranked in term of resident's expected life spans, literacy, access to education and gross national product per capita.

Norwegians almost make a sport out of complaining, and local media is full of critical stories and small scandals every day. The UNDP's annual Human Development Report nonetheless claims they're very well off indeed, suggesting that Norwegians can acknowledge that they've built up a well-functioning country over the years that once again have been recognized internationally. Norway has ranked at the top of the list several times over the past decade. It's social welfare state that, since the discovery of North Sea oil in 1969, continues to benefit greatly from its offshore oil revenues.

Last week came words that Norway has the lowest unemployment rate in Europe at just 2.7%. It is widely viewed as having coped well with the global financial crises that took hold at the end of last year and voters rewarded its left-center coalition government with re-election last month. This may suggest that Norway will retain its top spot in coming years since many other countries have suffered far more than Norway in both 2008 and 2009.

Debate on Monarchy

Norway's new Parliament would rather see Norway as a republic instead of a monarchy, according to a survey conducted by a public affairs program on Norwegian Broadcasting (NRK). It's unlikely, though, that any proposal to abolish the monarchy would be successful. It came as a surprise that as many as 40 percent of all Members of Parliament favoring a republic. It seemed to encourage members of the Socialist Left Party (SV), which long has wanted to abolish the monarchy. Inherited titles, royal pomp and privilege that come with birth defy most principles of Norway's otherwise democratic society. "The monarchy is a traditional way of organizing our society, and the king unites the people," said MP Inger Lise Hansen of the Christian Democrats. "The king is a



popular person."

Even some anti-monarchy members of the Labor Party, which currently leads Norway's government, admitted they had no plans to introduce any measures calling for the monarchy's abolition. "No one is starting up a campaign about this," said Labor MP Eva Kristin Hansen. The Norwegian monarchy was strengthened by King Haakon's resistance to the German invasion and occupation during World War II. It was challenged when the current king, Harald, married a commoner in 1968 and again when Harald's children (Crown Prince Haakon and Princess Martha Louise) chose spouses that many considered inappropriate. That's led "to a lot of image-building," claimed marketing and PR consultant Kjell Terje Ringdal, who claims the royal family has had "a very smart and well-thought-out marketing strategy" to present itself as both royal and down-to-earth, to maintain support.

One thing is clear: Norwegian taxpayers will be paying more for that support. The new state budget proposal for 2010 calls for a roughly 10 percent increase in the allocation for the royals, to NOK 142 million (about USD 26 million). The increase is tied to higher operating costs at the Royal Palace and other newly renovated properties, plus a need for more staff at Skaugum, the residence of Crown Prince Haakon and Crown Princess Mette Marit.

Norway is National Geographic's Choice



For the second time, Norway's fjords have been chosen as the world's most beautiful and best preserved places. The

first time was in 2004.

National Geographic Traveler magazine along with 437 travel experts considered 133 places around the world. The environmental quality in Norway is at the highest standard. The iconic fjords are so unique and the local culture along the coast and in the mountains gives an ideal look at the well preserved rural country culture.

New Book Adds New Drama to Norwegian Emigration

For years it's been estimated that around 800,000 Norwegians have immigrated to North America, in search for a better life. Sverre Mørkhagen's new book "Farvel Norge" (Farewell Norway) claims that actual emigration numbers were much higher, with as many as a million Norwegians believed to have left their homeland between 1825 and 1975.

The vast majority of emigrants left Norway because they faced a bleak future at home. Until oil was discovered in the North Sea in 1969, generations of Norwegians had to leave the family farms for lack of food or inheritance rights. Many faced religious persecution, others poverty. At least half-a-million Norwegians left Norway just in the 35 years between 1880 and 1915. That amounted to around a quarter of the population since the country's total population was around 2 millions in 1890.

This book is the first major study of emigration in 30 years and it was even more widespread than earlier thought. He believes that his estimate of a million emigrants is conservative, because many people "got lost" along the way. As many as 70,000 seafarers left their ships in US harbor cities and all but disappeared. Relatively, few Norwegians (10 %) who left their homeland ever moved back Norwegians were loyal about sending money back home and the money sent home to Norway by its emigrants amounted to a quarter of Norway's national budget at the time.

Mørkhagen sets 1975 as the "natural" end of the emigration period. By then, Norway had emerged as a more affluent nation. There no longer was widespread poverty or lack of opportunity at home and the dream of America had faded.