

# SUNDFJORD SUN

Sundfjord Lodge # 6-065

February 2010

First Place winner at the 2005/2006 and 2007/2008 District Convention



Meeting Location:  
Rock of the Foothills Church  
4630 Wheeler Ave.  
La Verne, CA 91750  
Second Saturday at 12:00 Noon



## Kalender (Coming Events)



- FEB**  
20 \*Lutefisk Dinner at Solskinn Lodge # 150 Palm Desert, CA
- MAR**  
13 \*Sundfjord's Meeting  
St. Patrick's Day  
13 \*Arizona Kretsstevne  
16 \*SPPC's Fundraiser at Shaker's Restaurant in Glendale, CA  
20 \*Scandinavian Heritage Day at Solskinn Lodge # 150, Palm Desert, CA
- APR**  
10 \*Sundfjord's Meeting  
Easter Dinner  
10 \*District Board Meeting  
10 \*Bjørnstjerne Bjørnson Lodge # 14 celebrates 100<sup>th</sup> Anniversary  
17+18 \*Cal Lutheran Scandinavian Festival in Thousand Oaks, CA
- MAY**  
3-8 \*Sundfjord's Cruise  
15 \*Sundfjord's Meeting  
17 \*Syttende Mai Celebrations
- JUN**  
5 \*Fridtjof Nansen Lodge # 9 celebrates 80<sup>th</sup> Anniversary  
12 \*Sundfjord's Meeting  
23-26 \*6<sup>th</sup> District Convention Modesto, CA
- AUG**  
29-Sep 1 \*International Convention Coeur d'Alene, Idaho
- SEP**  
17-19 \*Southern California Kretsstevne, Idyllwild, CA

### President's Message

#### HAPPY VALENTINE'S DAY!

I hope you all survived the rain. I cannot remember ever being so cold. It looks like we will finally have a cool Norwegian Sweater Day.

Last month we started the New Year off with a terrific meeting, good food and good attendance. Our Zone Director Nancy Madson visited us again and was our Installing Officer. We had officers absent so they will be installed at the February meeting.

Nancy also did a culture event on Hardanger embroidery; brought several of her own embroideries for us to see and offered to teach Hardanger to anyone interested in learning; thanks Nancy! Welcome to all new and incumbent officers. Thanks to you all for serving the lodge for the next 2 years. I am looking forward to another successful year.

Pauline Pederson

### Vice-President's Message

Last year our lodge tried our best to recruit new members by placing several ads in our local newspaper and participate in the Upland's Christmas Parade to let the Norwegians/Scandinavians know that YES, there is a Sons of Norway lodge in this area. We will continue our efforts in recruiting new members. If you know of anyone who would like to learn about Norwegian Culture, invite them to our meetings.

Next month we will celebrate St. Patrick's Day so don't forget to wear your greens.

I can't believe that on March 17<sup>th</sup> it will be 60 years since I came to United States from Bergen, Norway.

Wish you all "Happy Valentine's Day" and make it special for your loved ones.

Agnes Deeb

- President:** Pauline Pederson  
(909) 986-1655  
[PEDERSONPAULINE@aol.com](mailto:PEDERSONPAULINE@aol.com)
- Vice President:** Agnes Deeb  
(909) 985-1076  
[billdeeb@verizon.net](mailto:billdeeb@verizon.net)
- Counselor:** William (Bill) Deeb  
(909) 985-1076  
[billdeeb@verizon.net](mailto:billdeeb@verizon.net)
- Secretary:** Lise Fleming  
(909) 624-2868  
[lisenorsk@earthlink.net](mailto:lisenorsk@earthlink.net)
- Assistant Secretary:** Kirsten Kjølby  
(909) 593-9632  
[kkjelby@aol.com](mailto:kkjelby@aol.com)
- Treasurer:** Ruth Higley  
(909) 982-4113
- Membership Secretary:** Elizabeth (Betty) Partaker  
(909) 945-3446  
[epartaker@verizon.net](mailto:epartaker@verizon.net)
- Social Director:** Agnes Deeb  
(909) 985-1076  
[billdeeb@verizon.net](mailto:billdeeb@verizon.net)
- Marshal:** Charles (Charlie) Dietz  
(909) 982-9857
- Foundation Director:** Mary Stewart  
(909) 982-5238  
[Res0htel@netzero.net](mailto:Res0htel@netzero.net)
- Cultural Director:** Pauline Pederson  
(909) 986-1655  
[PEDERSONPAULINE@aol.com](mailto:PEDERSONPAULINE@aol.com)
- Publicity Director:** James (Jim) Stewart  
(909) 982-5238  
[Res0htel@netzero.net](mailto:Res0htel@netzero.net)
- Editor:** Lise Fleming  
(909) 624-2868  
[lisenorsk@earthlink.net](mailto:lisenorsk@earthlink.net)
- Web Master:** Art Aslesen  
(909) 593-4422  
[artaslesen@aol.com](mailto:artaslesen@aol.com)
- Historian:** Char Nelson  
(909) 593-4447  
[charnels@netzero.net](mailto:charnels@netzero.net)
- Sports Director:** James (Jim) Stewart  
(909) 982-5238  
[Res0htel@verizon.net](mailto:Res0htel@verizon.net)
- Youth Directors:** Irene Davis and Kirsten Kjølby  
(909) 593-9632  
[kkjelby@yahoo.com](mailto:kkjelby@yahoo.com)
- Sunshine:** Lola Peterson  
(909) 629-3112
- Greeter:** Bernice (Bea) Swank  
(909) 593-2935
- TubFrim:** Char Nelson  
(909) 593-4447
- Auditors:** Erik Fleming and Sarah Keeney
- Zone Director:** Nancy Madson  
(760) 343-0848  
[norsknm@earthlink.net](mailto:norsknm@earthlink.net)
- Insurance Rep:** Dennis Burreson  
1(800) 448-2499



Gratulerer med dagen  
(Happy Birthday)

**FEBRUARY**

- 3.....Esther Schan
- 6.....Erik Fleming
- 7.....Martin Feste
- 12.....Gerd Olsen
- 14.....Marie Helliesen
- 16.....Harold Shellum
- 28.....Agnes Deeb

**MARCH**

- 11.....Dianne Cook
- 15.....Char Nelson
- 17.....Dave Cone
- 20.....Crysten Cole
- 21.....Sandra Fleming
- 25.....Billy Deeb
- 29.....Charlie Ditz
- 31.....Bill Deeb

God Bedring  
(Get Well)

(Please let us know if any of our members are under the weather).



Sports Medal

Congratulations to Agnes Deeb who earn the Gold  
"sykkelmerket" (biking)



Agnes Deeb and Sports Director Jim Stewart

## Installation Officer



**Zone 6 Director Nancy Madson**

## Thor's Top Ten Reasons to own a Sons of Norway Annuity

1. **Guaranteed Safety of Principal**
2. **Guaranteed Minimum Interest Rate**
3. **Guaranteed Income for LIFE**
4. **High Current Interest Rates**
5. **Tax Deferred Accumulations**
6. **No Sales Charges**
7. **No Annual Service Fees**
8. **Penalty Free Withdrawals Beginning in Year Two**
9. **Penalty Free RMD Withdrawals for IRA's**
10. **Safety and Security with over 114 years of Experience.**



Ask your Financial Benefit Counselor **Dennis Bureson** for more information about Sons of Norway financial products.  
 Phone: 800-448-2499  
 Fax: 760-247-9003  
 E-mail: [res03kn13@verizon.net](mailto:res03kn13@verizon.net)

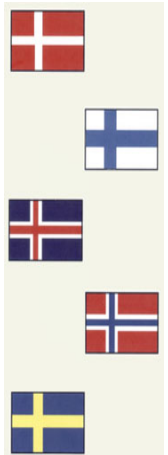
## Cal Lutheran Scandinavian Festival

**April 17 & 18, 2010**  
**Thousand Oaks**

The campus of California Lutheran University will be transformed into a microcosmic Scandinavia during the 2-day Festival scheduled for Saturday, April 17 and Sunday, April 18 from 10:00 AM to 5:00 PM.

The popular event will include cultures of Norway, Denmark, Sweden, Finland and Iceland.

Both days of the Festival are filled with music, dancing, food, lectures, demonstration, vendors and activities for young and old alike.



## Sundfjord's Officers



**1<sup>st</sup> row from left: Lise Fleming, Agnes Deeb, Pauline Pederson**  
**2<sup>nd</sup> row; Mary Stewart, Lola Pederson, Ruth Higley, Betty Partaker, Kirsten Kjelby and Char Nelson.**  
**3rd row: Art Aslesen, Charlie Dietz and Jim Stewart.**  
**Absent from the photo: Sarah Keeney, Erik Fleming, Bea Swank and Irene Davis**

## 51<sup>st</sup> Annual Rosemaling Seminar at Camp Norge

**April 24 & 25, 2010**

Every spring and fall, Rosemaling seminars are held at Camp Norge in Alta, CA.

Again they will have 3 classes and the teachers are Julie Ann Droivold who will be teaching Hallingdal design, Kay White teaches Os design and Cheryl Seath the beginner class in Os design.

For more information and registration form, go on the web site [www.campnorge.com](http://www.campnorge.com)

## District Six Convention Delegate Election Process

### 4.7.1 Election of Delegates and Alternates

Election of Delegates must take place prior to the month of March before a District Lodge Meeting. At the same time, an equal or greater number of Alternates shall be elected to fill the places of Duly elected Delegates prevented from attending the meeting, the first duly elected alternate filling the first vacancy, the second the next vacancy etc..

Exceptions to the above time limit may be recommended by the Credentials Committee and may be approved by a two-thirds majority of seated Delegates Unquote.

Furthermore, our District 6 Secretary, Carol Lee Solheim, has just informed me that: "The local lodge secretary must send to the District Secretary the results of the election of delegates and alternates, no later than 5 days after the election.

Secretary Solheim also adds: "I will be sending out the forms as soon as I get the report from International as to how many delegates each lodge gets."

Regarding the calculation of expenses for your delegates to participate at the District Convention, our President Janie Kelly confirms, as I mentioned before.

The hotel cost in Modesto per night is \$ 129.00. The approx. package for each delegate is \$ 300.00. I don't know how exact each lodge needs to have the package figure information in advance in order to decide on an allowance and I assume that each lodge has their own method or procedure for this calculation. They could eventually just use an estimated figure ahead, to be adjusted later (?).

We've been told that the host committee may come out with the final package figure sometime in April, hopefully before. Either the Convention host committee or our board will contact you immediately when this information is known.

What goes on at the Convention?

### June 23-26, 2010 in Modesto

The District Six Convention, held every second year, is a District Lodge Meeting that representatives from the lodges in District Six attend. Resolutions submitted by lodges are given to the various committees (law, financial and fraternal) for their review. Similar resolutions will be combined or a new version submitted.

These resolutions are then submitted to the body of the business meeting for consideration and voted on. All approved resolution goes to the International Convention (this year August 29 thru September 1, 2010 in Coeur d'Alene, Idaho) and if approved, incorporated into Sons of

Norway's Charter and Constitution. A new Charter and Constitution are printed and distributed to all the lodges. By all means, this is not a vacation but a working Convention. The meetings go on all day and there is roll call in the morning, then after the breaks every day so delegates must be present at the meetings. Saturday evening is the Installation of the new District Board Officers and a banquet. Sundfjord's delegates will bring you their report from the Convention.

### Annual SPPC Fundraiser

Every year in March, the Southland Past President's Club (SSPC) holds a fundraiser that gives ½ campership to children who attends Camp Trollfjell (the Language and Heritage Camp) at Camp Norge in Alta, CA.



This fundraiser is held **Tuesday, March 16** between the hours of 3:00 to 9:00 PM at **Shaker's Family Restaurant, 801 N. Central Ave, Glendale.**

When you order your meal, tell the server that you are with the Sons of Norway group. If you purchase items from the bakery it also counts. 25% of your dinner tabs and bakery purchase will go to the ½ campership that the SPPC awards District Six children attending the 2 week summer camp.

Shaker's (not the pizza place) is a family restaurant that serves good home-cooked meals so bring your family, friends, neighbors etc. You don't have to be a Sons of Norway member to participate. **Come and celebrate St. Patrick's Day at Shaker's.**

If you can't go, please consider giving a donation.



### Mission Statement

**The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationships with other Nordic Countries, and provide quality insurance and financial products to our members.**

# Cruise with Sundfjord in 2010

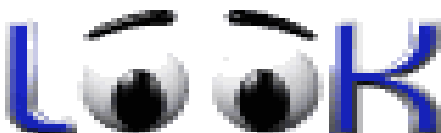
5 day Mexico Riviera Cruise,  
May 3 – 8, 2010

We invite ALL  
lodges to join  
us on the  
cruise!



4<sup>th</sup> annual cruise,  
on Royal Caribbean's "Radiance of the Seas" leaving  
from San Diego, CA on May 3<sup>rd</sup>. Ports of calls are  
Ensenada and Cabo San Lucas.

For information, please e-mail Pauline Pederson at  
[PEDERSONPAULINE@aol.com](mailto:PEDERSONPAULINE@aol.com) or call at (909) 986-  
1655.



## Important Notice

Due to the Sundfjord's cruise May 3 – 8, 2010, our  
May meeting has been rescheduled to the 3<sup>rd</sup> Saturday,  
May 15<sup>th</sup>.

Please mark your calendar.

EDVARD GRIEG LODGE  
TORSK & MEATBALL DINNER  
Saturday, February 27, 2010



4011 La Crescenta Ave., La Crescenta, CA  
Cost: Adults @ \$ 20.00, Children @ \$ 10.00  
MAKE CHECK PAYABLE TO:  
**EDVARD GRIEG LODGE #74**  
Mail check to Margaret Shuler, 147 N. 5<sup>th</sup> Avenue,  
Monrovia, CA 91016

For question, contact Jo Ness at (818) 249-8102  
SEATING IS LIMITED, RESERVATION DEADLINE  
FEBRUARY 22, 2010



March 20, 2010

- Come and join in on the fun
- Learn about Scandinavian cultures
- Enjoy Music, Entertainment and Movies
- Learn about Genealogy
- Obtain Scandinavian Travel Information
- Learn about the Vikings
- Involve the Kids with Games and Activities
- Shop vendors with Scandinavian Merchandise
- Experience Culture and Folk Arts
- Purchase Scandinavian Food Specialities
- View Food demonstrations



**Solskinn**  
SONS OF NORWAY  
Lodge 6-150

**Location:**  
Hope Lutheran Church,  
Social Hall  
45-900 Portola Avenue  
Palm Desert, CA 92260  
Time: 10:00 A.M. -5:00 P.M.  
Contact: Ronna 951-849-1690  
rlclymens@yahoo.com

100<sup>th</sup> Anniversary  
Bjørnstjerne Bjørnson Lodge # 6-014  
**Saturday, April 10, 2010**  
**Hilton Garden Inn**  
**San Francisco/Oakland Bay Bridge**  
**EMERVILLE, CA**  
**(Formerly Holliday Inn)**  
**6 PM Social / 7 PM Dinner**  
**Dancing to follow**  
**\$ 60.00 per person**

For information and reservations call Karl Eikeberg at  
(510) 530-3721 or e-mail: [baysea@aol.com](mailto:baysea@aol.com)

80<sup>th</sup> Anniversary  
Fridtjof Nansen Lodge # 6-009  
**Saturday, June 5, 2010**  
**11:00 AM – 4:00 PM**  
**The Grand, Long Beach**  
More information will be coming.



## The Sons of Norway Emblem

The dragon that came gliding out of the most to explore Ireland, Scotland, Briton and most of Europe as well as North America during the ninth, tenth and eleventh centuries were not imaginary. These dragons were real and their bodies were the dreaded

Viking langskip (langboats) that for three centuries made their marks in most of the known world. Guided by their wits and in good weather by the North Star and other celestial bodies, they left the land of the Midnight Sun to travel, explore and settle in all parts of the world.

Sons of Norway, a fraternal benefit society, providing membership privileges and life and hospital insurance for 20 century VIKINGS has captured some of this history and tradition in its beautiful emblem in the shape of the VIKING SHIELD, emblazoned at the top is the NORTH STAR; surrounded by the S/N; followed by the heavens and the MIDNIGHT SUN, the rolling SEA and the VIKING SHIP (langboat) to become the finest, most versatile ship in the world at the time of these explorations, when the rest of the world was in confusion and chaos.

The ship was not only capable of crossing the treacherous North Atlantic, but of skimming up shallow rivers deep inland. Evidences of their landings have been found as far inland as Alexandria, Minnesota, where they carved out a message on the now famed runestone, which says in part, "Have 10 of our party by the seas (Hudson's Bay) to look after ships 14 days – journey from this Island (Cormorant Lake, Minn.) Year 1362.

The Vikings were hardy and though, fearless and fair. Their chiefs became kings and rules with firmness and justice. The Viking Age came to an end in about the 11<sup>th</sup> century when stronger bridges were built on rivers to bar the long ships and when coastal defenses were improved and well-manned.

It as then the langskip gave way to the Knarr, or trading ships, which was clumsier and slower but whose broad beam was more spacious for carrying cattle, food stuff, farm gear and families. It was then the Viking Dragon disappeared from the seas and rivers but took her place in the hearts of men who remembered her sleek beauty. All this history is symbolically represented in the Sons of Norway shield.

So who is there among us that can say with assurance that he has no ancestor who once stood on the surging deck of a longboat, his red beard bristling as he studied the looming coast of a strange land, and who called himself ERIK. Who indeed can read of the Viking Age and not wonder if he, too, is a Son of Norway?

## Southland Past President's Club

### Announces Deadlines for Scholarships

The Southland Past President's Club (SPPC) is announcing that the deadline for applying for half scholarships to Camp Trollfjell (Children's Language & Heritage Camp at Camp Norge) for the summer of 2010 (July 11-July 24), is April 1, 2010.

Applicants must be a child or grandchild of a Sons of Norway member from District 6's Zone 5 or 6.

Applicants must be between the ages of 8 to 13 inclusive **and have already applied to Camp Trollfjell following their application process.** If accepted at Camp Trollfjell, the up front fee will be refunded to the applicant's parent or grandparent. Transportation is at the expense of the applicant. The applicant cannot be the recipient of any other scholarship to Camp Trollfjell for the year 2010.

Applications must be made on **post card only**, stating the applicant's name, age, birth date, and the reason for wanting to attend camp, his or her telephone number including area code. The postcard must be postmarked no later than April 1, 2010.

The post card must be mailed to **Carolyn Peterson, SPPC Secretary, 1428 Ellsworth Circle, Thousand Oaks, CA 91360.** Winners will be determined by lottery (drawing) on April 10, 2010 at Peer Gynt Hall, at the SPPC Spring meeting on that date.

## Norwegian Mother's Day

### Second Sunday in February

Mother's Day is an American invention, dating to the 2<sup>nd</sup> Sunday in May in 1907. That was when the first Memorial Mother's Day Meeting was celebrated in a Methodist church in West Virginia after the initiative of one woman as a personal memorial day for her own mother. The year after she sent out an appeal to make this Sunday a general holiday for all mothers; and her appeal was taken up by other Methodist churches and later spread from there.

In Norway, the custom of Mother's Day was first introduced in a Methodist church in Bergen, possibly as early as the First World War. But the first breakthrough for an official Mother's Day was an initiative from Dorothea Schjoldager (1853-1938) and Karen Platou (1897-1950) in Oslo. In the years between the two World Wars; they worked to get a Mother's Day in Norway set for the 2<sup>nd</sup> Sunday in February, possible because Norway has so many holidays in May.

In Norway, fathers and children wait on mothers on this day by celebrating with breakfast in bed, flowers, cards, dinner at a restaurant and the Mother's Day cake.

# Nyheter fra Norge

(News from Norway)

## Father's Paternity Leave



Father's who takes advantage of Norway's paternity leave benefits, and take time off work to help care for their newborns, end up devoting more time to family life throughout their children's upbringing, according to a new study reported in newspaper *Dagens Næringsliv*. Norwegian authorities have long urged men to share more child-rearing responsibilities.

Norway was the first country in the world to introduce separate benefits for men when they become fathers. Most men take advantage of the parental leave that gives them 10 weeks at full pay.

Today, a new parent is entitled to a total of 46 weeks off with full pay or 56 weeks off with 80 % of their pay, with the quota allotted for fathers set at 10 weeks. Women are allotted a minimum 9 weeks (three weeks before and 6 weeks after birth) and then the parents are expected to share the rest. Fathers also generally get 2 weeks off right after the baby is born so both parents can be home with the child.

Fathers in Norway are spending more time with their families.

## Vast majority of Norwegians keen to wave the flag

### A new survey reveals solid satisfaction with their country and government services

Several recent international surveys have ranked Norway high as a being "a great place to live" and a country admired by others. Now a new survey of Norwegians themselves indicates that the vast majority agree. Fully 94 percent of Norwegians questioned in a wide-ranging, government-sponsored "Citizen Survey" responded that they were "satisfied" or "very satisfied" with living in Norway. Around 70 percent were happy with social services and less than 10 percent were dissatisfied. The survey, conducted by research firm Synovate for the ministry in charge of government administration and renewal and the agency charged with public management, questioned around 15,000 Norwegians and is the largest national survey ever carried out.

## 'Too much American TV in Norway'

Some long-time cultural officials and celebrities in Norway are mounting a protest against what they claim is a "predominance" of American-produced films and TV shows on Norwegian television. "We Norwegians are swallowing American culture with no sense of criticism,"

Ingeborg Moræus Hanssen, the former head of Oslo cinemas, told newspaper *Aftenposten*. Her group is sending a letter to officials at state broadcaster NRK demanding fewer American programs and more non-English-speaking films and shows. "I think NRK could broadcast more Spanish, German and French television productions," Moræus Hanssen said. *Aftenposten* reported that in 2008, NRK's TV channels broadcast 378 films from the US and other English-speaking countries, but only 85 films from other countries. Of them, 13 were French, 10 German and five Spanish.

## Bergen dialect irritates the most Norwegians

Foreigners in Norway apparently aren't the only ones challenged, if not utterly baffled, by the wide array of Norwegian dialects. A new study indicates that Norwegians themselves find some dialects downright irritating, with "Bergene" the most irritating of all. One of five Norwegians finds the Bergen dialect troublesome, while Norwegians living on the west coast (where Bergen is located) are most irritated by the dialects spoken in Trøndelag. The study, interestingly enough, was carried out by a group whose mission is to promote Norwegian dialects (*PurDialekt*) and "take care" of dialects from Lindesnes in the south to the far north, reports news bureau ANB. "Personally, I don't have anything against the Bergen dialect," said Torstein Wollner of *PurDialekt*. "And I don't think the results of the study will bother patriotic Bergene." The next two most irritating dialects were those spoken in Nordland and in Stavanger, according to the study.

## Lofoten moves closer to "World Heritage" status



Conservation authorities in Norway have prepared a draft they hope will result in Lofoten, a scenic archipelago in northern Norway, being named a UNESCO World

Heritage site. The effort is aimed at trying to protect Lofoten from oil and gas development, and industry pressure is strong. Conservationists want to protect Lofoten's 1,000-year history of fishing and cultural development. The villages of Henningsvær (*photo*) and several others would be included in the World Heritage area along with the islands of Røst, Værøy and more. Norway already has several World Heritage sites including the Geiranger and Nærøy fjords, Bryggen in Bergen, Urnes Stave Church, the town of Røros, Vegaøyen and Bergkunsten in Alta.