

# SUNDFJORD SUN

Sundfjord Lodge # 6-065

March 2010

First Place winner at the 2005/2006 and 2007/2008 District Convention



**Meeting Location:**  
**Rock of the Foothills Church**  
**4630 Wheeler Ave.**  
**La Verne, CA 91750**

**Second Saturday at 12:00 Noon**



**Happy**  
**St. Patrick's**  
**Day!**

**Kalender**  
(Coming Events)

- MAR**
- 16 \*SPPC's Fundraiser at Shaker's Restaurant in Glendale, CA
- 20 \*Scandinavian Heritage Day at Solskinn Lodge # 150, Palm Desert, CA
- 27 \*Nidaros Cathedral Boy's Choir, Palm Dessert, CA
- APR**
- 10 \*Sundfjord's Meeting Easter Dinner
- 10 \*District Board Meeting
- 10 \*Bjørnstjerne Bjørnson Lodge # 14 celebrate their 100th Anniversary
- 10 \*SPPC's meeting
- \*SKC meeting
- \*Peer Gynt's Western Night.
- 17 & 18 \*Cal Lutheran Scandinavian Festival in Thousand Oaks, CA
- MAY**
- 3 - 8 \*Sundfjord's Cruise
- 15 \*Sundfjord's Meeting
- 17 \*\*"Syttende May" Celebrations in Long Beach and San Bernardino
- JUN**
- 5 \*Fridtjof Nansen Lodge # 9 Celebrates their 80<sup>th</sup> Anniversary
- 12 \*Sundfjord's Meeting
- 23-26 \*6<sup>th</sup> District Convention Modesto, CA
- JUL**
- 11-25 \*Camp Trollfjell, Alta, CA
- AUG**
- 29-Sep 1 \*International Convention Coeur d'Alene, Idaho

**President's Message**

No President's message this month.

~

St. Patrick is known as the patron saint of Ireland. The day is celebrated on March 17, his religious feast day and the anniversary of his death in the 5<sup>th</sup> century.

The Irish have observed this day as a religious holiday for over a thousand years.

On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast - on the traditional meal of Irish bacon and cabbage.

**HAPPY ST. PATRICK'S DAY!**

**Vice-President's Message**

Our February meeting was designated as "wear your Norwegian sweater" and it was so nice to see so many of you in your colorful sweaters.

We have had cooler weather with lots of rain and snow capped Mt. Baldy Mountain so those Norwegian wool sweaters sure keep us nice and warm.

Let us support the SPPC's (Southland Past President Club) fundraiser at Shaker's Restaurant in Glendale on Tuesday, March 16 from 3 - 9 PM and wear your greens because we will celebrate St. Patrick's Day. Hope to see you all there. Car pool is available.

Don't forget that next month we are having our Easter dinner and the hat contest. Looking forward to see your creative hats.

Agnes Deeb



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**Insurance Rep:** Dennis Burreson  
1(800) 448-2499



## Gratulerer med dagen

(Happy Birthday)

### MARCH

11.....Dianne Cook  
15.....Char Nelson  
17.....Dave Cone  
20.....Crysten Cole  
21.....Sandra Fleming  
25.....Billy Deeb  
29.....Charlie Ditz  
31.....Bill Deeb

### APRIL

3.....David Venice  
4.....Shaun Pederson  
9.....Hailey Higley  
9.....Erik Melgaard  
12.....Janice Langer  
15.....Mark Fleming  
15.....Dave Oyen  
19.....Berit Givens  
24.....Diane Griego

## God Bedring

(Get Well)

We wish speedy recovery to Ruth Shellum and Signe Odegaard who lately has not been feeling well.

(Please let us know if any of our members are under the weather).



## Daylight Savings Time

Remember to move your clocks "forward 1 hour" on Sunday, March 14.

## Installation

Auditor Sarah Keeney and Greeter Bea Swank were installed at the February meeting.



## Sports medal

Congratulations to Sarah Keeney who earned the Enamel “gangmerket” (walking). She also was inducted into the 1,000 Mile Club.



Sarah Keeney and Sports Director Jim Stewart

The 1,000 mile club was created by Jim for those who have walked at least 1,000 mile to earn their sports medals.

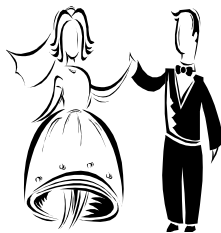
## Wedding

Arthur Aslesen and Patricia Hester

April 10, 2010

2:00 PM

Pilgrim Congregational Church  
Pomona



## Convention Delegates

Elected Sundfjord delegates to the Sixth District Convention in Modesto, CA June 23-26, 2010 are President Pauline Pederson and Secretary Lise Fleming. Alternates are Agnes and Bill Deeb.

## Folk Art Competition at the District Convention

Now is the time to consider entering the “Folk Art Competition” for the Sixth District 2010 Convention in Modesto.

Any Sons of Norway member in the Sixth District is eligible to enter and display their handiwork.

There are 12 categories for entry:

**Handicraft skills:** rosemaling, weaving, Hardanger embroidery, needlework and hand knitting with a Norwegian theme, crocheting and tatting.

**Woodworking** (with hand tools) such as figure carving and relief carving with a Norwegian motif, chip carving, bentwood and other media, including photography.

Four classes of skill in competition and exhibition define the levels of achievements:

**Adult Professionals**, including teachers of crafts and those who compete for gainful enrichments;

**Adult amateurs** who compete for the enjoyment of the skill as a pastime and realize its personal joy of accomplishments and artful expression:

**Youth**, age 16-20 young people who are very talented and show strong creative expression.

**Child**, age 15 and under that are children or grandchildren of District Six members and will be exhibited only receiving a certificate for participation. The entered items must have been made in the last two years.

Only a maximum of two entries will be allowed in any category and must be delivered to the Committee by the opening of the Convention. If you have any well honed skills in these areas, please consider an entry in the competition. It is a very exciting and enjoyable experience.

## Audit of Lodge Books

Auditors Erik Fleming and Sarah Keeney audited our financial books in February and they were found to be in order. Audit reports have been sent to Home Office and the District.

## Tae Kwon Do

Saturday, February 20th, 2010, our Heritage member Ashley Davis competed in the Tae Kwon Do U.S. Open. She earned Bronze in Poomse, and **GOLD** in sparring...both in the Advance division! Ashley is only three belts away from being a black belt and Master Eum said at this time next year, she will be a black belt! She's well on track for the 2016 summer Olympics, which is her ultimate goal!



Ashley proudly shows off her **GOLD** medal with Master Eum



### Mission Statement

**The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationships with other Nordic Countries, and provide quality insurance and financial products to our members.**



### 2010 Vancouver Winter Olympics

By the end of the Olympic Games, the Norwegians pulled off what is, arguably, one of the finest performances in the modern history of sports. The only problem is that nobody outside Norway seems to take them seriously. Norway’s Olympic Team won 23 medals, 9 Gold, 8 Silver and 6 Bronze.

Norway has won more Winter Games medals than any other nation. During the Games, Norway became the first country to win over 100 Olympic gold medals and also hit the 300-medal milestone.

What makes its performance hard to fathom, however, is that Norway has only 4.7 million people to choose from. It’s as if the American team finished third in Vancouver after limiting the athlete pool to people living in metropolitan Detroit.

To find a country smaller than Norway, you have to travel down the medals table to Latvia, which ended on 23<sup>rd</sup> place with 2 medals.

Most people are unaware of Norway’s Winter Game dominance. Those who are can be quick to dismiss it with stereotypes. The Norwegians are born with skis, they’ll say, because the whole country is one giant snowpack.

It doesn’t help that Norwegians don’t like to toot their own horns. Instead, the thousands who traveled across the world to Vancouver stand along ski trails banging cowbells so loud that nobody can hear the announcer declaring yet another medal-finish for Norway.

Noting that Norway gained its independence from Sweden only in 1905 – and before that was dominated by Denmark --, this is a new country with a lot of flag-waving nationalism.

Norwegians owe their success to many factors. There are a winter sport club in nearly every city and town. The cities are relatively close to the wilderness, and there’s a culture that encourage children to play outdoors even on the coldest days.

Vancouver started off badly for the Norwegians. Four days into the Games, Norway had not won a single Gold. But after those first 4 days, Norway roared back, winning medals of every color in the sports they care about---cross country, biathlon, ski jumping and alpine skiing.

Not that they have been bragging or anything. After crossing the finish line, Mr. Jansrud didn’t beat his chest or pump his fist or mug for the international TV feed --- instead he took two deep bows to his applauding countrymen.

### Fashion Statement of the Norwegian Curling Team



Curling uniforms are traditionally somber, no flash or frills.

No way said the Norwegian Curling Team so they wore argyle pants and they are outstanding.

The Norwegian Team was looking for the colors red, white and blue as in their flag and found these golf argyle pants. They sure were the “talk of the town”.

### Sign in Norway



**PLAY CAREFULLY**

**ADULT DRIVERS**

# Cruise with Sundfjord in 2010

**5 day Mexico Riviera Cruise,  
May 3 – 8, 2010**

**We invite ALL  
lodges to join  
us on the  
cruise!**



4<sup>th</sup> annual cruise,  
on Royal Caribbean's "Radiance of the Seas" leaving  
from San Diego, CA on May 3<sup>rd</sup>. Ports of calls are  
Ensenada and Cabo San Lucas.

For information, please e-mail Pauline Pederson at  
[PEDERSONPAULINE@aol.com](mailto:PEDERSONPAULINE@aol.com) or call at (909) 986-  
1655.

**Prices have been lowered and there are  
still a few staterooms available.**

# LOOK

## Important Notice

Due to the Sundfjord's cruise May 3 – 8, 2010, our  
May meeting has been rescheduled to the 3<sup>rd</sup> Saturday,  
**May 15<sup>th</sup>.**

Please mark your calendar.



TubFrim collects all types of used stamps and telephone  
cards. They are sold to philatelists and dealers all over the  
world. The proceeds help handicapped children and  
youths in Norway.

- \*Stamps from any country in the world can be used, but  
it would save a lot of work if you would sort between  
U.S. stamps and stamps from other countries.
- \*Cut or tear off the stamps, leaving a small margin  
(approx. 1/2 inch) so as not to damage them.
- \*They also are happy to receive stamp collections, old  
envelopes, covers and postcards. If envelopes, post-  
cards, etc. are more than 50 years old, then please do  
not cut off the stamps but give the whole envelope or  
postcard.
- \*TubFrim also collects used telephone cards.

Sons of Norway has helped collect stamps for TubFrim  
for over 50 years.

For each pound you turn in to our **TubFrim Chair-  
person, Char Nelson**, your name will be entered into a  
drawing for a "roundtrip" airfare ticket to Norway.

## Sjømannskirken

### The Norwegian Seaman Church

We say goodbye to Pastor Gisle Meling and his family  
who after 5 years as the pastor at the Seaman Church in  
San Pedro is returning to Norway.



Pastor Gisle with wife Anniken and their two daughters

## Welcome

We welcome the new pastor family soon that will arrive  
at the Seaman Church.



Pastor Line and her husband Kristian with their 3 children

## SPPC and Kretsstevne meeting Western Night at Peer Gynt Lodge

The date is April 10, 2010

SPPC meeting starts at 2:30 PM

Followed by the Southern California Kretsstevne  
meeting.

Western Night starts at 5:00 PM with Happy Hour and  
dinner (baby-back ribs with all the trimmings) is served  
at 6:00 PM.

Peer Gynt Hall, 3835 Watseka, Culver City

## Nidaros Cathedral Boy's Choir of Trondheim, Norway



The boy's choir will perform at Solskinn Lodge # 150  
**March 27, 2010 at 3:00 pm**  
**Hope Lutheran Church**  
**45-900 Portola Ave, Palm Desert, CA**  
**Donations: \$ 10.00**

They will also perform on Palm Sunday, March 28 at  
Crystal Cathedral, Garden Grove during Church services at  
9:30 AM and 11:00 AM and hold a concert at 6:30 pm.

## Southland Past President's Club Announces Deadlines for Scholarships

The Southland Past President's Club (SPPC) is announcing that the deadline for applying for half scholarships to Camp Trollfjell (Children's Language & Heritage Camp at Camp Norge) for the summer of 2010 (July 11-July 24), is April 1, 2010.

Applicants must be a child or grandchild of a Sons of Norway member from District 6's Zone 5 or 6. Applicants must be between the ages of 8 to 13 inclusive **and have already applied to Camp Trollfjell following their application process.** If accepted at Camp Trollfjell, the up front fee will be refunded to the applicant's parent or grandparent. Transportation is at the expense of the applicant. The applicant cannot be the recipient of any other scholarship to Camp Trollfjell for the year 2010. Applications must be made on **post card only**, stating the applicant's name, age, birth date, and the reason for wanting to attend camp, his or her telephone number including area code. The postcard must be postmarked no later than April 1, 2010.

The post card must be mailed to **Carolyn Peterson, SPPC Secretary, 1428 Ellsworth Circle, Thousand Oaks, CA 91360.** Winners will be determined by lottery (drawing) on April 10, 2010 at Peer Gynt Hall, at the SPPC Spring meeting on that date.

## Fall Blitz Membership Contest Results

Congratulations to "Dovre Lodge # 3-232" in Providence, Rhode Island and "Gateway to Florida Lodge # 3-541" of Jacksonville, Florida, the Fall Blitz Membership Recruitment contest winners!

In the 3 month period, "Dovre" secured the small lodge category with an impressive 33.3% growth. "Gateway to Florida" won the large lodge category with 23.39% growth.

Congratulations to these lodges who will receive \$500.00 and a profile in the Viking Members Matter section to reward their hard work.

## The Flying Culinary Circus on a delicious journey around the world



From left: Trond Svengård, Tor Jørgen Kamprud, Hans-Kristian Larsen and Mathias Spieler Bugge.

The Norwegian young chefs of the Flying Culinary Circus comprise a traveling catering company that cooks for clients anywhere in the world. Their core idea is to promote Norwegian food, heritage, and skills, and to help Norwegians that live abroad to present the best taste of Norway. And they want to be the first, well known team of traveling chefs in the world.

The team came together in New York in 2005, and was inspired to create a concept that did not exist at the time. They saw the opportunity in the market for a new approach when it comes to cooking, both in how to present the food in new ways and having fun by including guests when preparing the food. Among the guests have been the royal families of the UK, Spain and Norway, at Buckingham Palace, dinners at Hollywood actor's houses and in Kula Lumpur.

**Mathias Spiel Bugge** is the sauce and soup expert. **Trond Svengård** is a fish and shell expert and owns three successful restaurants.

**Tor Jørgen Kamprud** is a specialist in herbs. **Hans-Kristian Larsen's** passion is meat. He was the chef at Mel Gibson's restaurant for 2 years.

# Nyheter fra Norge

(News from Norway)

## Norwegians set new records for mobile phone use

Norwegians were quick to embrace mobile telephones when they first started becoming readily available in the early 1990s. Now Norwegians' use of mobile phones continues to rise, with a new report indicating that 615,000 Norwegians used at least one supplier of new content every week. The Norwegian media houses are collecting new users of media content provided through mobile phones, with newspaper VG topping the list with the addition of 152,000 new daily users, followed by *Dagbladet* with 74,000 and *Aftenposten* with 49,000. Customers are using their phones to get news and a variety of other services. As late as the 1980s, it could take up to three months to get a telephone line installed in private homes in Norway. Now many Norwegians have cut off their traditional phone lines and use only mobiles.



## Norway loses another hero of Telemark



Jens-Anton Poulsson, one of the last surviving members of the Telemark sabotage operation during World War II that blocked German development of an atomic bomb, passed away at the age of 91; just over a month after the death of fellow war hero Knut Haugland. Poulsson was a highly decorated member of the Norwegian

Resistance. As a resistance fighter he was one of the greats and now there are only two left of those assigned to *Kompani Linge* (Norwegian Independent Company 1). As part of the *Kompani Linge*, Poulsson was dropped by parachute in October 1942 onto the Hardanger Plateau along with Haugland. Their mission (Operation Grouse) was to sabotage the industrial plant at Vemork that the Germans had taken over and where they were believed to be developing heavy water for an atomic bomb.

Their initial attempt ended in catastrophe, with several of the planes carrying British soldiers crashing and forcing Grouse members to remain in hiding on the mountain plateau through one of the hardest winters in memory. Poulsson, from nearby Tinn, recounted the ordeal in a book republished just three years ago, describing in detail the hunger, cold and sheer waiting they had to endure until reinforcements were sent in February 1943. They finally managed to break into the Vemork plant, and

the sabotage succeeded. Poulsson escaped to Sweden and then to London, and went on to head another branch of the resistance, Milorg D16, until the war ended.

He continued a military career and served among other posts as head of the Danish-Norwegian UN forces in Gaza. He headed the Norwegian King's Guards from 1961-1965, was promoted to colonel in 1968 and led the third infantry regiment from 1980-1982. He was also an avid hunter, and told a military journalist in 2006 that he was a "good hunting comrade" of King Harald. In addition to his numerous Norwegian service medals he was decorated with the British Distinguished Service Order. He had retired to a home in Kongsberg.

## Påskekrim

### Scandinavia is crazy about crime

Scandinavia is full of mysteries. For instance, though it's almost crime free, it's overflowing with crime fiction.

WHY?

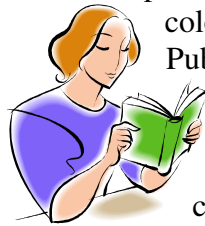
Norwegians celebrate Easter with a tradition known as "Påskekrim", which entails reading murder mysteries and watching detective shows on TV.

In Sweden a few years ago, there were slightly few novels about murder published (84) than actual murders (91)

In Iceland, the murder rate is among the lowest in the world.

So why did Scandinavia become a hotbed of top-shelf crime fictions? Is it the gloomy frostbitten winter? The relenting insomniac summers?

Either way, Nordic crime fiction – characterized by fast-paced plotting, smart writing and crackling atmospheric – is creeping onto shelves crowded with CSI-driven procedurals. Somehow, the unabashedly literary tone of these Nordic stories captured our imaginations. The link that connects all the Scandinavian thrillers is part white-knuckled, part historical fiction and part exegesis on colonialism.



Publishers churn out series of books known as "Påskekrim" (Easter-thrillers). It has been a long tradition to snuggle up on the couch after a long day of skiing to read a crime novel or watch crime series on TV.

Submitted by Erik Fleming

## Kon-Tiki set sail on the screen

A major new film that will dramatize Norwegian Thor Heyerdahl's famed Kon-Tiki expedition has won financial support just as Heyerdahl's grandson sets off on a new expedition himself.

Olav Heyerdahl is part of the crew on a unique raft called "the Plastiki" that are constructed of recyclable items and is due to set sail from San Francisco sometimes this month.